# Third Sunday after the Epiphany

January 21, 2024, 10:00 am

Please take a moment to silence your cellphone. Thank you.

Please also note that our services are publicly livestreamed.

Consider making a donation of altar flowers in honor of a special occasion, or in memory of someone you love. The suggested donation is \$50. To arrange, please contact Claire in the Church Office: 310-375-4617 or claire.erbeznik@stfrancispalosverdes.org.

# The Word of God

Prelude Peaceful Meditation Paul Fey

Please stand as able, and join in singing,



Text: Johann Jacob Schuetz (1640-1690), tr. Frances Eliazbeth Cox (1812-1897). Music: "Mit Freuden zart," melody from "Une pastourelle gentille," 1529; adapt. "Psaumes cinquante de David," 1547, and "Kirchengesang darinnen die Heubtartikel des Christlichen Glaubens gefasset, 1547; harm. Ralph Vaughan Williams (1872-1958), after Henirich Reimann (19 cent.).



The Opening Acclamation

Celebrant Blessed be God, ★ Father, Son and Holy Spirit. **People** And blessed be God's kingdom, now and

for ever. Amen.

The Collect for Purity

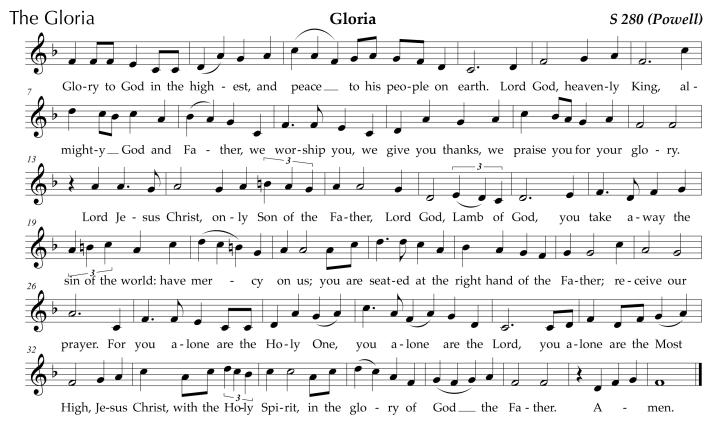
Celebrant Almighty God,

All to you all hearts are open, all desires known, and from you no secrets are hid:

Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we
may perfectly love you, and worthily magnify your holy Name; through Christ

our Lord. Amen.

Please remain standing as able, and join in singing,



Setting: Robert Powell (b. 1932), S-280 The Hymnal, 1982

The Collect of the Day

Celebrant The Lord be with you. **People** And also with you.

Celebrant Let us pray. Give us grace, O Lord, to answer readily the call of our Savior Jesus

Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns

with you and the Holy Spirit, one God, for ever and ever. Amen.

Please be seated.

The First Lesson Jonah 3:1-5, 10

1<sup>st</sup> Reader A reading from the book of Jonah.

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

1<sup>st</sup> Reader The Word of the Lord. **People Thanks be to God.** 

The Response Psalm 62:6-14

Reader Let us read from Psalm 139 responsively (the People reading the text in **bold**).

Refrain Rest in God Alone Michel Guimont (Ps. 62)



Words: English translation from Lectionary for Mass, Copyright © 1969, 1981, 1997
International Committee on English in the Liturgy, Inc. All rights reserved;
Music: Michel Guimont, from "Lectionary Psalms: The Revised Grail Psalms,"
Copyright © 1994,G.I.A. Publications, Inc. International Copyright Secured. All Rights Reserved.

Nonne Deo?

6 For God alone my soul in silence waits; \*

truly, my hope is in him.

7 He alone is my rock and my salvation, \*

my stronghold, so that I shall not be shaken.

8 In God is my safety and my honor; \*

God is my strong rock and my refuge.

9 Put your trust in him always, O people, \*

pour out your hearts before him, for God is our refuge. Refrain

10 Those of high degree are but a fleeting breath, \*

even those of low estate cannot be trusted.

11 On the scales they are lighter than a breath, \*

all of them together.

12 Put no trust in extortion;

in robbery take no empty pride; \*

though wealth increase, set not your heart upon it.

13 God has spoken once, twice have I heard it, \*

that power belongs to God.

14 Steadfast love is yours, O Lord, \*

for you repay everyone according to his deeds.

Refrain

The Second Lesson 1 Corinthians 7:29-31

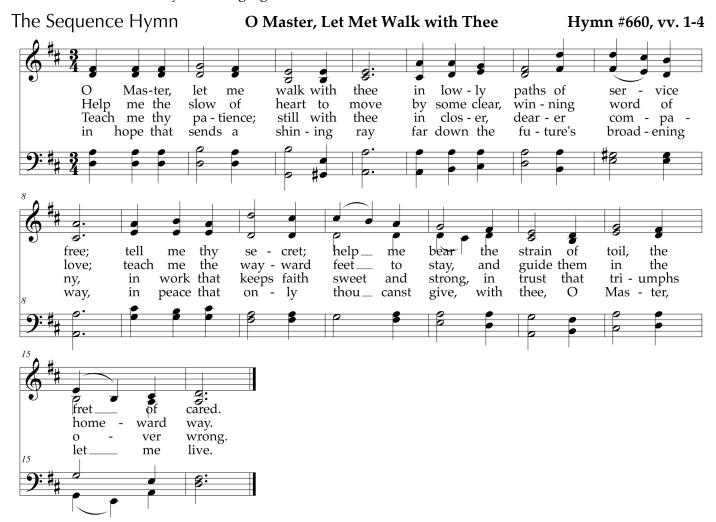
2<sup>nd</sup> Reader A Reading from the letter to the Corinthians.

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

2<sup>nd</sup> Reader The Word of the Lord.

People Thanks be to God.

Please stand as able, and join in singing,



Words: Washington Gladden (1836-1918). Music: "Maryton," Henry Percy Smith (1825-1898).

Please remain standing, as able, for

The Holy Gospel Mark 1:14-20

Deacon The Holy Gospel ♥ of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

Deacon The Gospel of the Lord. **People Praise to you, Lord Christ.** 

Please be seated for,

The Sermon The Rev. Jason Shelby

There will be a moment of silence for reflection following the sermon.

Please stand as able, and join in saying,

#### The Nicene Creed

All We believe in one God, the Father, the Almighty,

maker of heaven and earth,

of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God, eternally begotten of the Father,

God from God, Light from Light, true God from true God,

begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made human.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father,

who with the Father and the Son is worshiped and glorified,

who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

Please remain standing, as able, for

The Prayers of the People (the People read the responses in **bold**)

Deacon Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth,

live together in your love, and reveal your glory in the world.

Silence

Deacon Lord, in your mercy **People Hear our prayer.** 

Deacon Guide the people of this land, and of all the nations, in the ways of justice and peace;

that we may honor one another and serve the common good.

Silence

Deacon Lord, in your mercy **People Hear our prayer.** 

Deacon Give us all a reverence for the earth as your own creation, that we may use its re

sources rightly in the service of others and to your honor and glory.

Silence

Deacon Lord, in your mercy **People Hear our prayer.** 

Silence

Deacon Bless all whose lives are closely linked with ours, and grant that we may serve Christ

in them, and love one another as he loves us.

Deacon Lord, in your mercy **People Hear our prayer.** 

Silence

Deacon Comfort and heal all those who suffer in body, mind, or spirit; give them courage

and hope in their troubles, and bring them the joy of your salvation.

Silence

Deacon Lord, in your mercy **People Hear our prayer.** 

Deacon We commend to your mercy all who have died, that your will for them may be ful-

filled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Deacon Lord, in your mercy **People Hear our prayer.** 

Celebrant: Hasten, O Father, the coming of thy kingdom; and grant that we thy servants, who

now live by faith, may with joy behold thy Son at his coming in glorious majesty;

even Jesus Christ, our only Mediator and Advocate. Amen.

Please kneel, as able,

The Confession of Sin

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,

we confess that we have sinned against you

in thought, word, and deed, by what we have done,

and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways,

to the glory of your Name. Amen.

The Absolution

Celebrant Almighty God have mercy ♥ on you, forgive you all your sins through our Lord

Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit

keep you in eternal life. Amen.

Please stand, as able,

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Ministers and People exchange signs of peace in the name of the Lord.

Please be seated.

Welcome, Announcements

Anyone who has a birthday or anniversary in the next week is invited to come forward for a blessing:

All Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace which passes all understanding abide all the days of their life; through Jesus Christ our Lord. Amen.

# The Holy Communion

Offertory Anthem

"Hush, Somebody's Callin' My Name"

arr. Brazael W. Dennard

#### Refrain:

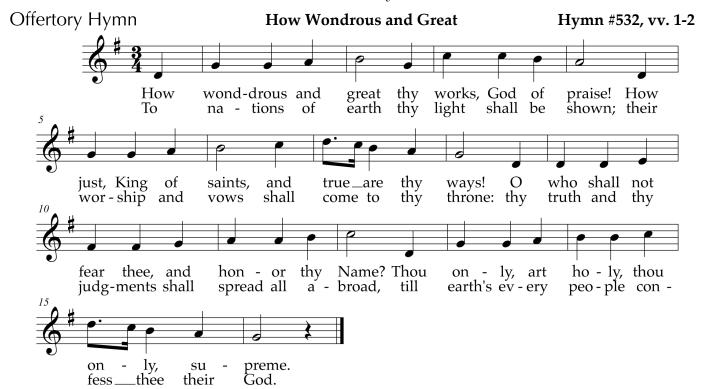
Hush, Hush, Somebody's callin' my name. Hush, Hush, Somebody's callin' my name. Hush, Hush, Somebody's callin' my name. O my Lord, O my Lord, what shall I do?

I'm so glad that trouble don't last always. I'm so glad that trouble don't last always. I'm so glad that trouble don't last always. O my Lord, O my Lord, what shall I do?

I'm so glad, I got my 'ligion in time. I'm so glad, I got my 'ligion in time. I'm so glad, I got my 'ligion in time. O my Lord, O my Lord, what shall I do?

Soon one mornin', death come creepin' in my room. Soon one mornin', death come creepin' in my room. Soon one mornin', death come creepin' in my room. O my Lord, O my Lord, what shall I do?

St. Francis Choir, Tony Lowe, tenor



Words: Henry Ustick Onderdonk (1759-1858), alt.; para. "The Song of the Redeemed". Music: "Lyons," att. Johann Michael Haydn (1737-1806).

Please stand, as able, for,

The Great Thanksgiving

Celebrant The Lord be with you. **People** And also with you.

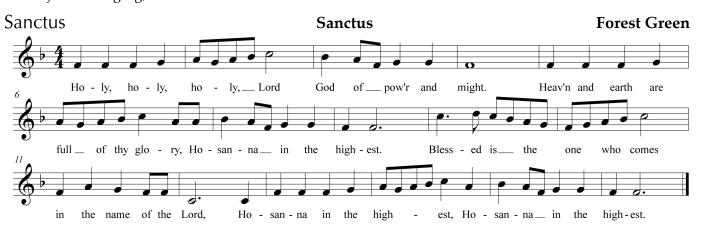
Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God. **People** It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Please join in singing,



Music: "Forest Green," Traditional English folk melody; adapt. Ralph Vaughan Williams (1872-1958)

*Please kneel or stand, as able, as the Celebrant continues.* 

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen**.

Celebrant And now, as Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

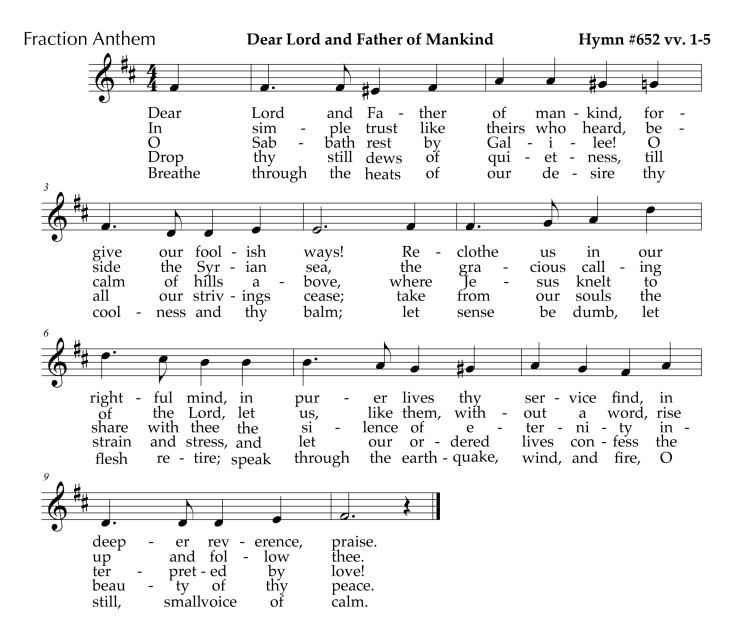
forever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia.



Words: John Greenleaf Whittier (1807-1892). Music: "Rest," Frederick Charles Maker (1844-1927).

#### The Invitation

Celebrant The gifts of God for the people of God, Holy gifts, for Holy people.

For our online community—an invitation to pray together the spiritual communion prayer from the National Cathedral. A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

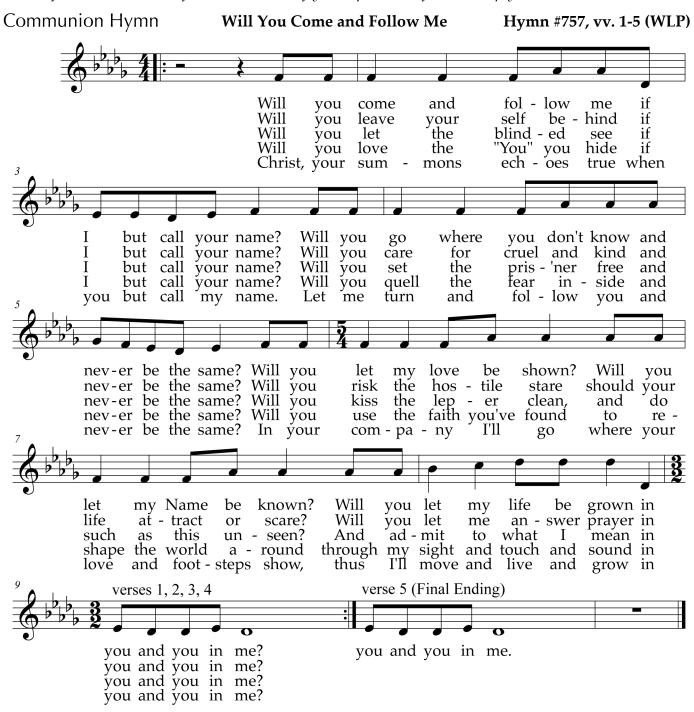
My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite my-self entirely to you; never permit me to be separated from you. Amen.

(St. Alphonsus de Liguori, 1696-1787)

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where someone will also be available to pray with you, or you may just choose to light a candle.

## The Communion of the People

All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to receive, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you. Gluten-free Communion wafers are available. If you require one of these, simply ask.



Words: from the Iona Community; © GIA Publications. Music: "Mary Alexandra," John L. Hooker (b. 1944), © 1996 John L. Hooker Please kneel or stand, as able for,

The Post Communion Prayer

Celebrant Let us pray.

All Eterna

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Celebrant Go forth into the world in peace. Be of good courage, Hold fast to that which is

good. Render to no one evil for evil. Strengthen the fainthearted, support the

weak, help the afflicted. Honor all persons.

Love and serve the lord, rejoicing in the power of the Spirit. And, the blessing of

God Almighty, The ♣ Father, The Son, and The Holy Spirit be with you always.

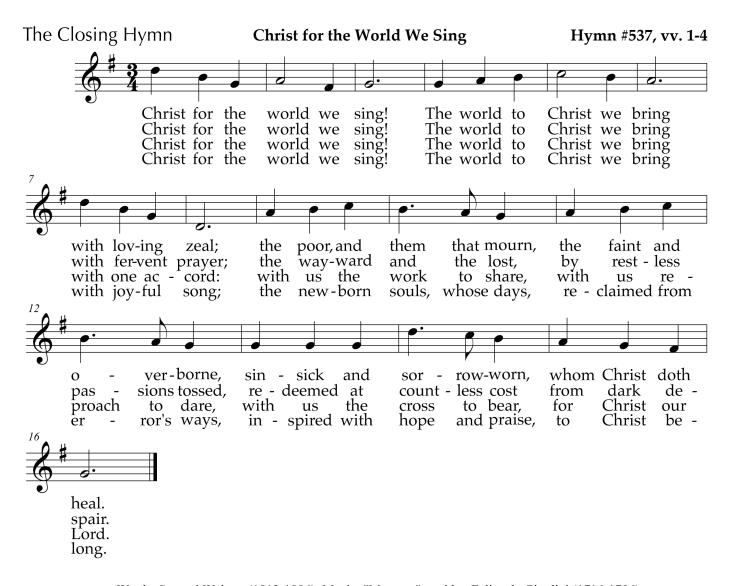
All Amen.

The Sending Forth

Deacon Let us go forth in the name of Christ. Alleluia! Alleluia!

People Thanks be to God! Alleluia! Alleluia!

Please stand, as able, and join in singing



Words: Samuel Wolcott (1813-1886). Music: "Moscow", meldoy Felice de Giardini (1716-1796); harm. "The New Hymnal, 1916, based on "Hymns Ancient and Modern," 1875, and Lowell Mason (1792-1872).

Postlude: "Te Deum" John Rutter

# Welcome!!

We warmly welcome you if you are here with us for the first time today. We joyfully welcome *all* people into our community – without exception. Whoever you are, and whatever the status of your relationship with God, you will find fellow travelers here.

Please join us for coffee fellowship after the service.

The Ushers will direct you.

#### Prayers this Week

We pray for all those who serve in the armed and foreign services, and for their families, especially Thomas, Drew Deley, Michael Heredia, Mark Kappelmann, Joseph Leahy, TJ Malzahn, Will Piepenbring, Scott Ruston, Michael Strong, Barry Witt, Jonathan Zimmerman and Steve.

Those who are ill, recovering from surgery, or in any other kind of need or trouble: Andrea, Christa, Jean Dicus, Daniel Dreiling, Pauline Duley, Elvis, Ceri Falk, Colette Furbush, Chris Goldsmith, Hannah, Sally Hill, Loren, Mick Mohuchy, Patt Parker, Bruce Schaefer, Roxanne Wall, and for the people of the middle east, and victims of violence everywhere.

We pray for all who have died, that they may have a place in your eternal kingdom.

# What's Happening!

Altar Guild Meeting — Jan 21st, after 10am service

In the board room.

#### Annual Meeting & Potluck - Jan 28th, after 10am service in the Parish Hall

Join us for our Annual Meeting & Potluck! You do not need to bring anything to join the event - all are welcome in fellowship. However, if you want to bring an item, reference the list according to last name: A-H Main Dish, I-P Side Dish or Salad, Q-Z Dessert or Fruit. If you have any questions, contact Mary Deley at mary\_deley@yahoo.com.

#### Fr. Jason's Installment & Celebration of Ministry — Feb 3rd, 10am-1pm

Come celebrate Jason's Installment and Celebrate his ministry here at St. Francis!

### TAIZÉ — Jan 23rd, 7pm

Join us for a service of wholeness and healing.

## Ongoing

**Bible Study on Zoom**—Contacts: Jack Hailwood, *john.w.hailwood@outlook.com* or Suellen Eslinger, *suellenesl@verizon.net* 

Yoga

Mondays from 11:30am –1:00pm - All Levels Hatha Yoga for Strength and Mobility. Wednesdays 9:00-10:30am All Levels Gentle Yoga for Vital Mobility and Balance. (free-will offering).

Contact: Jill Lynch—jillfenskelynch@gmail.com

**AA**—Thursdays & Sundays 7:30 pm, **Al-Anon**—Thursdays 7:00pm

## Our Clergy

The Rev. Jason Shelby, Rector, jason.shelby@stfrancispalosverdes.org

Direct Line: (310) 594-7984, Church Office: (310) 375-4617

The Rev. Celeste Stump, Deacon, Chaplain at The Canterbury, cstump@thecanterbury.org

Direct Line: (310) 913-1069

Children and families

Contact: Kristina Pelá, krab3@yahoo.com

#### Our Staff

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Mr. David Knight, Organist Mr. Joel Miranda, Sexton



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