Fourth Sunday after the Epiphany

January 28, 2024, 10:00 am

Please take a moment to silence your cellphone. Thank you.

Please also note that our services are publicly livestreamed.

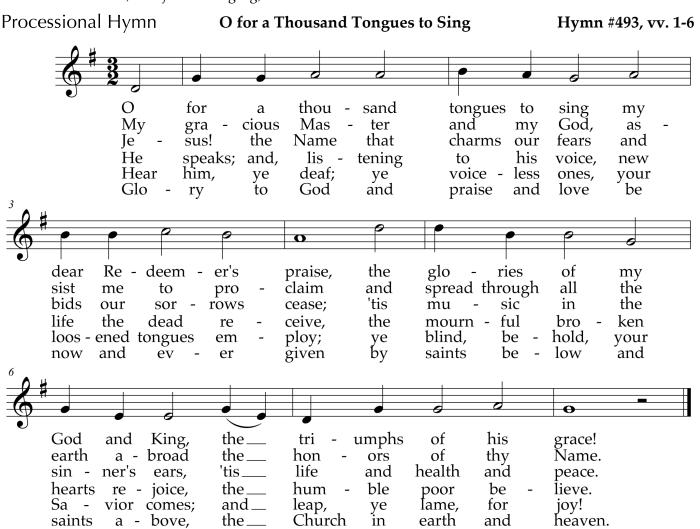
The flowers this morning are donated by Liz Cantine to the Glory of God and in thanksgiving for God, her family, friends, students, and her long, rewarding career.

The Word of God

Prelude Andante Mozart

Morning Prayer Tchaikovsky

Please stand as able, and join in singing,



Words: Charles Wesley (1707-1788), alt. Music: "Azmon," Carl Gotthilf Gläser (1784-1829); adapt. and arr. Lowell Mason (1792-1872).



The Opening Acclamation

Celebrant Blessed be God, ★ Father, Son and Holy Spirit. **People** And blessed be God's kingdom, now and

for ever. Amen.

The Collect for Purity

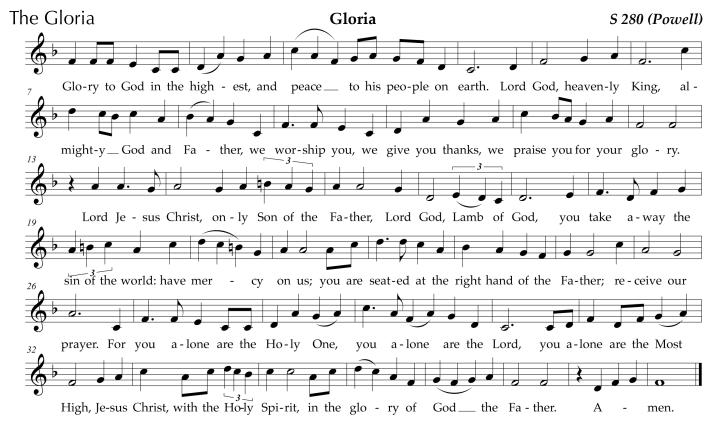
Celebrant Almighty God,

All to you all hearts are open, all desires known, and from you no secrets are hid:

Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we
may perfectly love you, and worthily magnify your holy Name; through Christ

our Lord. Amen.

Please remain standing as able, and join in singing,



Setting: Robert Powell (b. 1932), S-280 The Hymnal, 1982

The Collect of the Day

Celebrant The Lord be with you. **People** And also with you.

Celebrant Let us pray. Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you

and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated.

The First Lesson Deuteronomy 18:15-20

1st Reader A reading from the book of Deuteronomy.

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

1st Reader The Word of the Lord. **People Thanks be to God.**

The Response Psalm 111 Confitebor tibi

Reader Let us read from Psalm 111 responsively (the People reading the text in **bold**).

Refrain

God's Praise Shall Last Forever

Michel Guimont (Ps. 111)



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1 Hallelujah!

I will give thanks to the Lord with my whole heart, *

in the assembly of the upright, in the congregation.

2 Great are the deeds of the Lord! *

they are studied by all who delight in them.

3 His work is full of majesty and splendor, *

and his righteousness endures for ever.

4 He makes his marvelous works to be remembered; *

the Lord is gracious and full of compassion.

5 He gives food to those who fear him; *

he is ever mindful of his covenant.

Refrain

6 He has shown his people the power of his works *

in giving them the lands of the nations.

7 The works of his hands are faithfulness and justice; *

all his commandments are sure.

8 They stand fast for ever and ever, *

because they are done in truth and equity.

9 He sent redemption to his people;

he commanded his covenant for ever; *

holy and awesome is his Name.

10 The fear of the Lord is the beginning of wisdom; *

those who act accordingly have a good understanding; his praise endures for ever.

Refrain

The Second Lesson 1 Corinthians 8:1-13

2nd Reader A Reading from the letter to the Corinthians.

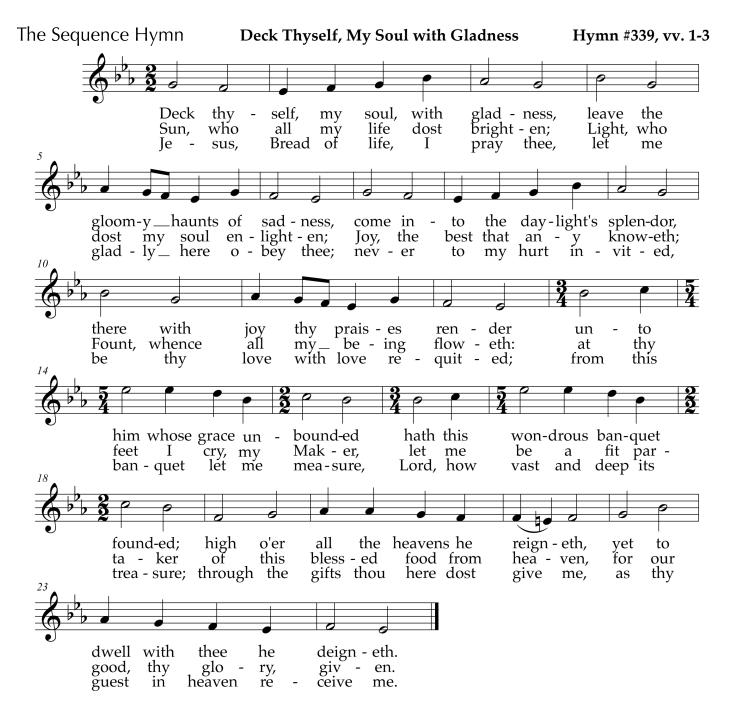
Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

2nd Reader The Word of the Lord. **People Thanks be to God.**

Please stand as able, and join in singing,



Words: Johann Franck (1618-1677); tr. Catherine Winkworth (1827-1878), alt. Music: "Schmueke dich," melody Johann Crugeer (1598-1662); harm. "The English Hymnal," 1906.

Please remain standing, as able, for the reading of the Gospel

The Holy Gospel Mark 1:21-28

Deacon The Holy Gospel ♥ of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Deacon The Gospel of the Lord. **People Praise to you, Lord Christ.**

Please be seated for,

The Sermon The Rev. Jason Shelby

There will be a moment of silence for reflection following the sermon.

Please stand as able, and join in saying,

The Nicene Creed

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God,

begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made human.

For our sake he was crucified under Pontius Pilate;

and the life of the world to come. Amen.

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

Please remain standing, as able, for

The Prayers of the People (the People read the responses in **bold**)

Deacon Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth,

live together in your love, and reveal your glory in the world.

Silence

Deacon Lord, in your mercy **People Hear our prayer.**

Deacon Guide the people of this land, and of all the nations, in the ways of justice and peace;

that we may honor one another and serve the common good.

Silence

Deacon Lord, in your mercy **People Hear our prayer.**

Deacon Give us all a reverence for the earth as your own creation, that we may use its re

sources rightly in the service of others and to your honor and glory.

Silence

People Lord, in your mercy Hear our prayer.

Silence

Deacon Bless all whose lives are closely linked with ours, and grant that we may serve Christ

in them, and love one another as he loves us.

Deacon Lord, in your mercy **People Hear our prayer.**

Silence

Deacon Comfort and heal all those who suffer in body, mind, or spirit; give them courage

and hope in their troubles, and bring them the joy of your salvation.

Silence

Deacon Lord, in your mercy **People Hear our prayer.**

Deacon We commend to your mercy all who have died, that your will for them may be ful-

filled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Deacon Lord, in your mercy **People Hear our prayer.**

Celebrant: Hasten, O Father, the coming of thy kingdom; and grant that we thy servants, who

now live by faith, may with joy behold thy Son at his coming in glorious majesty;

even Jesus Christ, our only Mediator and Advocate. Amen.

Please kneel, as able,

The Confession of Sin

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,

we confess that we have sinned against you

in thought, word, and deed, by what we have done,

and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways,

and walk in your ways,

to the glory of your Name. Amen.

The Absolution

Celebrant Almighty God have mercy ₹ on you, forgive you all your sins through our Lord

Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit

keep you in eternal life. Amen.

Please stand, as able,

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Ministers and People exchange signs of peace in the name of the Lord.

Please be seated.

Welcome, Announcements

Anyone who has a birthday or anniversary in the next week is invited to come forward for a blessing:

A11

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace which passes all understanding abide all the days of their life; through Jesus Christ our Lord. Amen.

The Holy Communion

Light of the world, you loose the bonds of night.

Once we walked in darkness; now bursts forth your light.

Christ, in your glory, come to light the way; teach us how to follow.

Light of our paths, you walk with us in strife.

Where conflict darkens, bring the light of life.

Christ, in your mercy, come to show us love; teach us how to follow.

We must be your hands, lent to heal and blessed.

We must be your light, rending wide the darkness.

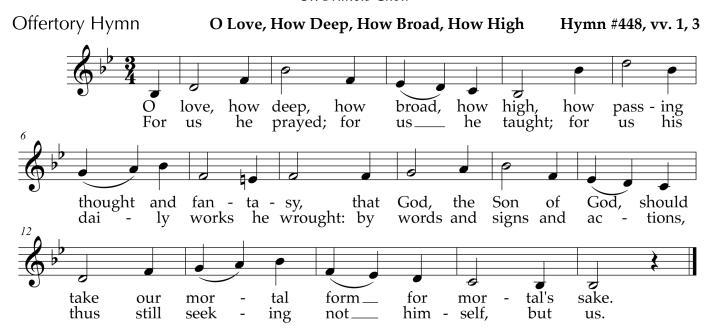
Christ in your image, we will greet the world; this is how we follow.

Light of our days, we feel your dawning call;

Send us forth to serve and bring your light to all!

Christ, you have claimed us, made us one. We will always follow!

St. Francis Choir



Words: Latin, 15th cent.; tr. Benjamin Webb (1819-1885), alt.

Music: "Deus tuorum militum," from "Antiphoner," 1753; adapt. "The English Hymnal," 1906; alt.; harm. after Basil Harwood (1859-1949)

Please stand, as able, for,

The Great Thanksgiving

Celebrant The Lord be with you. **People** And also with you.

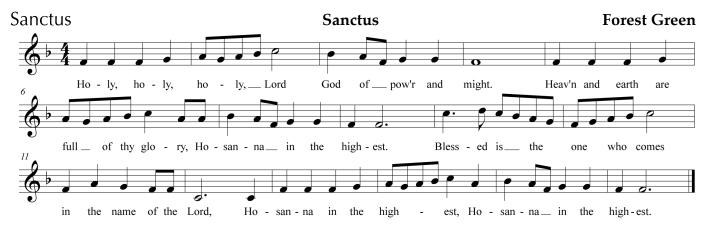
Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God. **People** It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Please join in singing,



Music: "Forest Green," Traditional English folk melody; adapt. Ralph Vaughan Williams (1872-1958)

Please kneel or stand, as able, as the Celebrant continues.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen**.

Celebrant And now, as Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

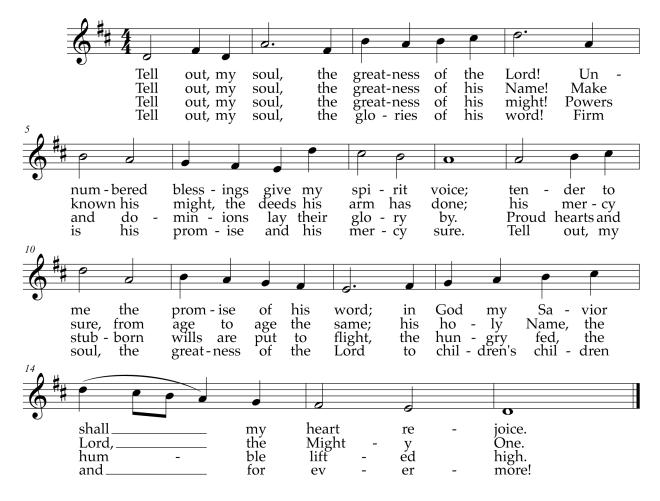
forever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia.



Words: Timothy Dudley Smith (b. 1926), based on "The Song of Mary," Copyright © 1962 by Hope Publishing Company, Carol Stream, IL. 60188. All Rights Reserved. Use by permission. Music: "Birmingham," from "Repository of Sacred Music, Part II," 1813; harm. "Songs of Praise," 1925.

The Invitation

Celebrant The gifts of God for the people of God, Holy gifts, for Holy people.

For our online community—an invitation to pray together the spiritual communion prayer from the National Cathedral. A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

(St. Alphonsus de Liguori, 1696-1787)

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where someone will also be available to pray with you, or you may just choose to light a candle.

The Communion of the People

All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to receive, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you. Gluten-free Communion wafers are available. If you require one of these, simply ask.



Words & Music: Daniel L. Schutte, © 1981 Daniel L. Schutte; and New Dawn Music

Please kneel or stand, as able for,

The Post Communion Prayer

Celebrant Let us pray.

All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Celebrant Go forth into the world in peace. Be of good courage, Hold fast to that which is good. Render to no one evil for evil. Strengthen the fainthearted, support the weak, help the afflicted. Honor all persons.

Love and serve the lord, rejoicing in the power of the Spirit. And, the blessing of God Almighty, The *Father, The Son, and The Holy Spirit be with you always.

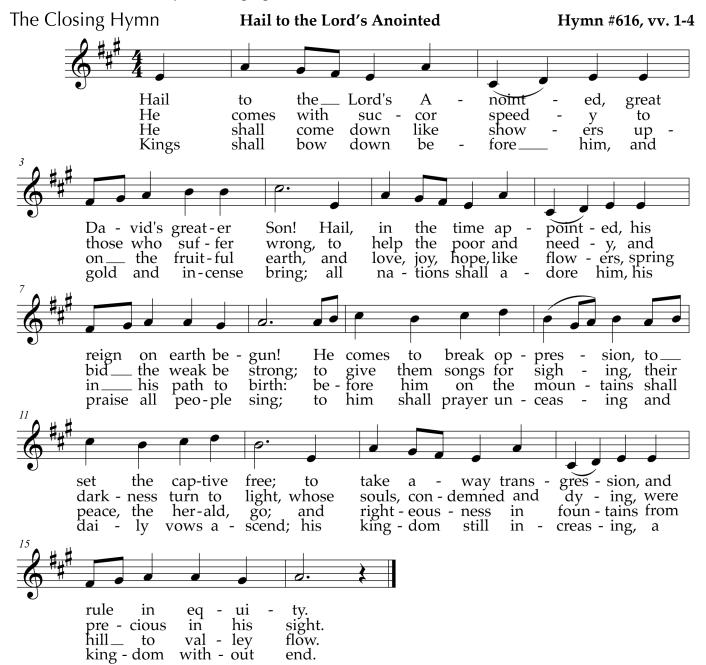
All Amen.

The Sending Forth

Deacon Let us go forth in the name of Christ. Alleluia! Alleluia!

People Thanks be to God! Alleluia! Alleluia!

Please stand, as able, and join in singing



Words: James Montgomery (1771-1854); para. of Psalm 72. Music: "Ellacombe," 1784, melody from "Gesangbuch. . .der Herzogl. Wirtembergischen katolischen Hofkapelle, " 1784, alt.; adapt. "Katolisches Gesangbuch, "1863; harm. William Henry Monk (1823-1889).

Postlude: "March and Cortege" Peeters

Welcome!!

We warmly welcome you if you are here with us for the first time today. We joyfully welcome *all* people into our community – without exception. Whoever you are, and whatever the status of your relationship with God, you will find fellow travelers here.

Please join us for coffee fellowship after the service.

The Ushers will direct you.

Prayers this Week

We pray for all those who serve in the armed and foreign services, and for their families, especially Thomas, Drew Deley, Michael Heredia, Mark Kappelmann, Joseph Leahy, TJ Malzahn, Will Piepenbring, Scott Ruston, Michael Strong, Barry Witt, Jonathan Zimmerman and Steve.

Those who are ill, recovering from surgery, or in any other kind of need or trouble: Andrea, Christa, Jean Dicus, Daniel Dreiling, Pauline Duley, Elvis, Ceri Falk, Colette Furbush, Chris Goldsmith, Hannah, Sally Hill, Loren, Mick Mohuchy, Patt Parker, Bruce Schaefer, Roxanne Wall, and for the people of the middle east, and victims of violence everywhere.

We pray for all who have died, that they may have a place in your eternal kingdom.

What's Happening!

Annual Meeting & Potluck — Jan 28th, after 10am service in the Parish Hall

Join us for our Annual Meeting & Potluck! You do not need to bring anything to join the event - all are welcome in fellowship.

Fr. Jason's Installation & Celebration of Ministry — Feb 3rd, 11am

Come join us for Jason's Installation here at St. Francis and stay for lunch to celebrate!

Ongoing

Bible Study on Zoom—Contacts: Jack Hailwood, *john.w.hailwood@outlook.com* or Suellen Eslinger, *suellenesl@verizon.net*

Yoga

Mondays from 11:30am –1:00pm - All Levels Hatha Yoga for Strength and Mobility. Wednesdays 9:00-10:30am All Levels Gentle Yoga for Vital Mobility and Balance. (free-will offering).

Contact: Jill Lynch—jillfenskelynch@gmail.com

AA—Thursdays & Sundays 7:30 pm, **Al-Anon**—Thursdays 7:00pm

Our Clergy

The Rev. Jason Shelby, Rector, jason.shelby@stfrancispalosverdes.org

Direct Line: (310) 594-7984, Church Office: (310) 375-4617

The Rev. Celeste Stump, Deacon, Chaplain at The Canterbury, cstump@thecanterbury.org

Direct Line: (310) 913-1069

Children and families

Contact: Kristina Pelá, krab3@yahoo.com

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Mr. David Knight, Organist Mr. Joel Miranda, Sexton



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