# Sunday of the Passion Palm Sunday

March 24, 2024, 10:00 am

Please take a moment to silence your cellphone. Thank you.

Please also note that our services are publicly livestreamed.

### What's Happening!

#### **Easter Eggs Wanted!**

Help us prepare for Easter by bringing candy or sticker filled, plastic eggs for the event! Please do not include any candy containing nuts, or peanut butter. Bring all donations into the office.

#### Holy Week — March 24th - 30th

3/26 TAIZÉ: 7pm Join us for a service of music and healing.

**3/27 Holy Wednesday**: **7pm** Tenebrae at St. Andrew's (Torrance). A contemplative evening of light & music.

**3/28 Maundy Thursday**: **12pm** Foot washing at Christ Church (Redondo). **7pm** Holy Eucharist, foot washing, stripping of the altar, and the Watch at St. Cross (Hermosa).

**3/29 Good Friday**: **12-3pm** Meditative service at St. Francis. Sit in the quiet of the chapel as we contemplate the last words of Christ; this is a come and go service. **7pm** Veneration of the Cross at Christ Church (Redondo).

3/30 Holy Saturday, 8pm the Great Easter Vigil at St Francis.

#### Easter Sunday — March 31st

Celebrate Easter at the 8am & 10am service, followed by our Easter Egg Hunt immediately following the 10am service.

#### TAIZÉ – April 30, 7pm

Join us for a service of music and healing.

Postlude: Hornpipe Hosanna Handel/Taize

# The Liturgy of the Palms

Welcome

Celebrant Blessed is the King who comes in the name of the Lord.

People Peace in Heaven and Glory in the Highest!

Celebrant Let us pray. Assist us mercifully with your help, O Lord, God of our salvation, that we

may enter with joy upon the contemplation of those mighty acts, whereby you have

given us life and immortality; through Jesus Christ our Lord. Amen.

Please be seated.



The Holy Gospel Mark 11:1-11

Deacon The Holy Gospel ♥ of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

When they were approaching Jerusalem, at Bethphage and Bethany, near the Mount of Olives, Jesus sent two of his disciples and said to them, "Go into the village ahead of you, and immediately as you enter it, you will find tied there a colt that has never been ridden; untie it and bring it. If anyone says to you, 'Why are you doing this?' just say this, 'The Lord needs it and will send it back here immediately.'" They went away and found a colt tied near a door, outside in the street. As they were untying it, some of the bystanders said to them, "What are you doing, untying the colt?" They told them what Jesus had said; and they allowed them to take it. Then they brought the colt to Jesus and threw their cloaks on it; and he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut in the fields. Then those who went ahead and those who followed were shouting,

"Hosanna!

Blessed is the one who comes in the name of the Lord!

Blessed is the coming kingdom of our ancestor David!

Hosanna in the highest heaven!"

Then he entered Jerusalem and went into the temple; and when he had looked around at everything, as it was already late, he went out to Bethany with the twelve.

Deacon The Gospel of the Lord. **People Praise to you, Lord Christ.** 

Blessing of the Palm Branches and Crosses

Celebrant The Lord be with you. **People** And also with you.

Celebrant Let us give thanks to the Lord our God. **People** It is right to give God thanks and praise.

All raise their palm branches for the Blessing of the Palms.

Celebrant

It is right to praise you, Almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Lord. On this day he entered the holy city of Jerusalem in triumph, and was proclaimed as King of kings by those who spread their garments and branches of palm along his way. Let these branches be for us signs of his victory, and grant that we who bear them in his name may ever hail him as our King, and follow him in the way that leads to eternal life; who lives and reigns in glory with you and the Holy Spirit, now and for ever. **Amen.** 

The Procession of the Palms

Deacon Blessed is the one who comes in the name of the Lord!

**People** Hosanna in the highest!

Deacon Let us go forth in peace.

People In the name of Christ. Amen.

Please pick up a palm branch from an usher if you don't have one yet, and join the procession into the Church waving your branch and singing as we go! (Please make way for the procession and follow the processional cross through the main doors.)



Words: Theodulph of Orleans (d. 821), tr. John Mason Neale (1818-1866), alt. Music: "Valet will ich dir geben," melody Melchior Teschner (1584-1635), alt.; harm. William Henry Monk (1823-1889).

## The Liturgy of the Word

Please remain standing,

The Collect of the Day

Celebrant The Lord be with you. People And also with you.

Celebrant Let us pray. Almighty and ever living God, in your tender love for the human race

> you sent your Son our Savior Jesus Christ to take upon him our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one

God, for ever and ever. Amen.

The First Lesson Isaiah 50:4-9a

1st Reader A reading from the book of the Prophet Isaiah.

The Lord God has given me I did not hide my face the tongue of a teacher, from insult and spitting.

that I may know how to sustain The Lord God helps me; the weary with a word. therefore I have not been disgraced;

Morning by morning he wakens-therefore I have set my face like flint, wakens my ear

to listen as those who are taught. The Lord God has opened my ear,

and I was not rebellious, I did not turn backward.

I gave my back to those who struck me, and my cheeks to those who pulled out the beard:

Who will contend with me? Let us stand up together.

Who are my adversaries? Let them confront me.

It is the Lord God who helps me; who will declare me guilty?

and I know that I shall not be put to

he who vindicates me is near.

1st Reader The Word of the Lord. Thanks be to God. People

Anglican chant is a treasured tradition in the Episcopal Church. We sing the words of the Psalm on one note until the accent (á), changing notes on the syllable indicated in the text. Remaining seated, please sing (or read silently) along.

The Response Psalm 31:9-16 In te, Domine, speravi

Reader Let us read from Psalm 31, responsively (the People reading the text in **bold**)

Refrain O Lord, I Put My Life in Your Hands Michael Guimont (Ps. 31)



9 Have mercy on me, O LORD, for I am in trouble; \* my eye is consumed with sorrow, and also my throat and my belly.

10 For my life is wasted with grief, and my years with sighing; \*

my strength fails me because of affliction, and my bones are consumed.

11 I have become a reproach to all my enemies and even to my neighbors, a dismay to those of my acquaintance; \*
when they see me in the street they avoid me.

12 I am forgotten like a dead man, out of mind; \*

I am as useless as a broken pot.

Refrain

13 For I have heard the whispering of the crowd; fear is all around; \*

they put their heads together against me; they plot to take my life.

14 But as for me, I have trusted in you, O Lord. \* I have said, "You are my God.

15 My times are in your hand; \*

rescue me from the hand of my enemies, and from those who persecute me.

16 Make your face to shine upon your servant, \* and in your loving-kindness save me."

Refrain

The Second Lesson Philippians 2:5-11

2nd Reader A reading from the letter of Paul to the Philippians.

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God

as something to be exploited,

but emptied himself, taking the form of a slave, being born in human likeness.

And being found in human form, he humbled himself and became obedient to the point of death even death on a cross.

1st Reader The Word of the Lord. **People Thanks be to God.** 

Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

#### Hear the Passion of our Lord Jesus Christ, according to Mark

Please see your Announcements sheet for the names of the

Narrator: It was two days before the Passover and the **Jesus**:

festival of Unleavened Bread. The chief priests and the scribes were looking for a way to arrest Jesus by stealth and kill him;

for they said,

Chief Priest: Not during the festival, or there may be a

riot among the people.

**Narrator:** While he was at Bethany in the house of

Simon the leper, as he sat at the table, a woman came with an alabaster jar of very costly ointment of nard, and she broke open the jar and poured the ointment on his head. But some were there who said to one anoth-

er in anger,

**Judas:** Why was the ointment wasted in this way?

For this ointment could have been sold for more than three hundred denarii, and the money given to the poor.

Narrator: And they scolded her. But Jesus said,

**Jesus:** Let her alone; why do you trouble her? She

has performed a good service for me. For you always have the poor with you, and you can show kindness to them whenever you wish; but you will not always have me.

She has done what she could; she has anointed my body beforehand for its burial. Truly I tell you, wherever the good news is proclaimed in the whole world, what she has done will be told in remembrance of

her.

Narrator: Then Judas Iscariot, who was one of the

twelve, went to the chief priests in order to betray him to them. When they heard it, they were greatly pleased, and promised to give him money. So he began to look for an opportunity to betray him. On the first day of Unleavened Bread, when the Passover lamb is sacrificed, the disciples said to Je-

sus,

**Disciples:** Where do you want us to go and make the

preparations for you to eat the Passover?

**Narrator:** So he sent two of his disciples, saying to

them,

**Jesus:** Go into the city, and a man carrying a jar of

water will meet you; follow him, and wherever he enters, say to the owner of the house, 'The Teacher asks, Where is my guest room where I may eat the Passover with my disciples?' He will show you a large room upstairs, furnished and ready. Make prepa-

rations for us there.

**Narrator:** So the disciples set out and went to the city,

and found everything as he had told them; and they prepared the Passover meal. When it was evening, Jesus came with the twelve. And when they had taken their places and

were eating, Jesus said,

**Jesus:** Truly I tell you, one of you will betray me,

one who is eating with me.

**Narrator:** They began to be distressed and to say to

him one after another,

**Disciples:** Surely, not I?

**Narrator:** Jesus said to them,

**Jesus:** It is one of the twelve, one who is dipping

bread into the bowl with me. For the Son of Man goes as it is written of him, but woe to that one by whom the Son of Man is betrayed! It would have been better for that

one not to have been born.

**Narrator:** While they were eating, he took a loaf of

bread, and after blessing it he broke it, gave

it to them, and said,

**Jesus:** Take; this is my body.

**Narrator:** Then he took a cup, and after giving thanks

he gave it to them, and all of them drank

from it. He said to them,

**Jesus:** This is my blood of the covenant, which is

poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the

kingdom of God.

**Narrator:** When they had sung the hymn, they went

out to the Mount of Olives. And Jesus said

to them,

**Jesus:** You will all become deserters; for it is

written, 'I will strike the shepherd, and the sheep will be scattered.' But after I am raised up, I will go before you to Galilee. Narrator: Peter said to him, **Judas:** The one I will kiss is the man; arrest him and lead him away under guard. Peter: Even though all become deserters, I will not. Narrator: So when he came, he went up to him at once Narrator: Jesus said to him, and said, Truly I tell you, this day, this very night, **Jesus: Judas:** Rabbi! before the cock crows twice, you will deny me three times. Narrator: and kissed him. Then they laid hands on him and arrested him. But one of those who Narrator: But Peter said vehemently, stood near drew his sword and struck the Peter: Even though I must die with you, I will not slave of the high priest, cutting off his ear. deny you. Then Jesus said to them, Narrator: And all of them said the same. They went to **Iesus:** Have you come out with swords and clubs a place called Gethsemane; and Jesus said to to arrest me as though I were a bandit? Day his disciples, after day I was with you in the temple teach-**Jesus:** Sit here while I pray. ing, and you did not arrest me. But let the scriptures be fulfilled. Narrator: He took with him Peter and James and John, and began to be distressed and agitated. Narrator: All of them deserted him and fled. A certain And said to them. young man was following him, wearing nothing but a linen cloth. They caught hold **Jesus:** I am deeply grieved, even to death; remain of him, but he left the linen cloth and ran off here, and keep awake. naked. Narrator: And going a little farther, he threw himself They took Jesus to the high priest; and all on the ground and prayed that, if it were the chief priests, the elders, and the scribes possible, the hour might pass from him. He were assembled. Peter had followed him at said, a distance, right into the courtyard of the **Jesus:** Abba, Father, for you all things are possible; high priest; and he was sitting with the remove this cup from me; yet, not what I guards, warming himself at the fire. Now want, but what you want. the chief priests and the whole council were Jesus came and found them sleeping; and he Narrator: looking for testimony against Jesus to put said to Peter, him to death; but they found none. For many gave false testimony against him, and **Jesus:** Simon, are you asleep? Could you not keep their testimony did not agree. Some stood awake one hour? Keep awake and pray that up and gave false testimony against him, you may not come into the time of trial; the saying, spirit indeed is willing, but the flesh is weak. Crowd (All): Narrator: And again he went away and prayed, say-We heard him say, 'I will destroy this temple ing the same words. And once more he that is made with hands, and in three days came and found them sleeping, for their I will build another, not made with hands.' eyes were very heavy; and they did not know what to say to him. He came a third Narrator: But even on this point their testimony did time and said to them. not agree. Then the high priest stood up before them and asked Jesus, Are you still sleeping and taking your rest? **Jesus:** Enough! The hour has come; the Son of Man High Priest: Have you no answer? What is it that they is betrayed into the hands of sinners. Get up, testify against you? let us be going. See, my betrayer is at hand. Narrator: But he was silent and did not answer. Again Narrator: Immediately, while he was still speaking, the high priest asked him, Judas, one of the twelve, arrived; and with **High Priest:** Are you the Messiah, the Son of the Blessed him there was a crowd with swords and One? clubs, from the chief priests, the scribes, and

Narrator:

the elders. Now the betrayer had given them

a sign, saying,

Jesus said,

**Jesus:** I am;

and 'you will see the Son of Man seated at

the right hand of the Power,'

and 'coming with the clouds of heaven.'

**Narrator:** Then the high priest tore his clothes and

said,

**High Priest:** Why do we still need witnesses?

have heard his blasphemy! What is your

decision?

**Narrator:** All of them condemned him as deserving

death. Some began to spit on him, to blindfold him, and to strike him, saying to him,

Chief Priests: Prophesy!

**Narrator:** The guards also took him over and beat

him. While Peter was below in the courtyard, one of the servant-girls of the high

priest came by.

When she saw Peter warming himself, she

stared at him and said,

**Servant Girl:** You also were with Jesus, the man from

Nazareth.

**Narrator:** But he denied it, saying,

**Peter:** I do not know or understand what you are

talking about.

**Narrator:** And he went out into the forecourt. Then

the cock crowed. And the servant-girl, on seeing him, began again to say to the by-

standers,

**Servant Girl:** This man is one of them.

**Narrator:** But again he denied it. Then after a little

while the bystanders again said to Peter,

Crowd (All):

Certainly you are one of them;

for you are a Galilean.

**Narrator:** But he began to curse, and he swore an oath,

**Peter:** I do not know this man you are talking

about.

**Narrator:** At that moment the cock crowed for the sec-

ond time. Then Peter remembered that Jesus had said to him, 'Before the cock crows twice, you will deny me three times.' And

he broke down and wept.

As soon as it was morning, the chief priests held a consultation with the elders and scribes and the whole council. They bound Jesus, led him away, and handed him over

to Pilate. Pilate asked him,

**Pilate**: Are you the King of the Jews?

Narrator: Jesus answered him,

**Jesus**: You say so.

You

**Narrator**: Then the chief priests accused him of many

things. Pilate asked him again,

Pilate: Have you no answer? See how many charg-

es they bring against you.

**Narrator**: But Jesus made no further reply, so that Pi-

late was amazed. Now at the festival he used to release a prisoner for them, anyone for whom they asked. Now a man called Barabbas was in prison with the rebels who had committed murder during the insurrection. So the crowd came and began to ask Pilate to do for them according to his cus-

tom. Then he answered them,

Pilate: Do you want me to release for you the King

of the Jews?

**Narrator**: For he realized that it was out of jealousy

that the chief priests had handed him over. But the chief priests stirred up the crowd to have him release Barabbas for them instead.

Pilate spoke to them again,

Pilate: Then what do you wish me to do with the

man you call the King of the Jews?

**Narrator**: They shouted back,

Crowd (All):

Crucify him!

**Narrator**: Pilate asked them,

**Pilate**: Why, what evil has he done?

**Narrator**: But they shouted all the more,

Crowd (All):

Crucify him!

**Narrator**: So Pilate, wishing to satisfy the crowd, re-

leased Barabbas for them; and after flogging Jesus, he handed him over to be crucified.

Then the soldiers led him into the courtyard of the palace (that is, the governor's head-quarters); and they called together the whole cohort. And they clothed him in a purple cloak; and after twisting some thorns into a crown, they put it on him. And they

began saluting him,

**Soldiers**: Hail, King of the Jews!

Narrator:

They struck his head with a reed, spat upon him, and knelt down in homage to him. After mocking him, they stripped him of the purple cloak and put his own clothes on him. Then they led him out to crucify him.

They compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus. Then they brought Jesus to the place called Golgotha (which means the place of a skull). And they offered him wine mixed with myrrh; but he did not take it. And they crucified him, and divided his clothes among them, casting lots to decide what each should take.

It was nine o'clock in the morning when they crucified him. The inscription of the charge against him read, 'The King of the Jews.' And with him they crucified two bandits, one on his right and one on his left. Those who passed by derided him, shaking their heads and saying,

#### Crowd (All):

Aha! You who would destroy the temple and build it in three days, save yourself, and come down from the cross!

**Narrator**: In the same way the chief priests, along with

the scribes, were also mocking him among

themselves and saying,

Chief Priests: He saved others; he cannot save himself. Let

the Messiah, the King of Israel, come down from the cross now, so that we may see and

believe.

**Narrator**: Those who were crucified with him also

taunted him. When it was noon, darkness came over the whole land until three in the afternoon. At three o'clock Jesus cried out

with a loud voice,

**Jesus**: *Eloi, Eloi, lema sabachthani?* 

**Narrator**: which means,

Jesus: My God, my God, why have you forsaken me?

**Narrator**: When some of the bystanders heard it, they

said,

Crowd (All):

Listen, he is calling for Elijah.

**Narrator**: And someone ran, filled a sponge with sour

wine, put it on a stick, and gave it to him to

drink, saying,

**Bystander:** Wait, let us see whether Elijah will come to

take him down.

**Narrator:** Then Jesus gave a loud cry and breathed his

last....

All stand or kneel in silence.

**Narrator:** ... And the curtain of the temple was torn in

two, from top to bottom. Now when the centurion, who stood facing him, saw that in this way he breathed his last, he said,

**Centurion:** Truly this man was God's Son!

**Narrator:** There were also women looking on from a

distance; among them were Mary Magdalene, and Mary the mother of James the younger and of Joses, and Salome. These used to follow him and provided for him when he was in Galilee; and there were many other women who had come up with

him to Jerusalem.

When evening had come, and since it was the day of Preparation, that is, the day before the sabbath, Joseph of Arimathea, a respected member of the council, who was also himself waiting expectantly for the kingdom of God, went boldly to Pilate and

asked for the body of Jesus.

Then Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he had been dead for some time. When he learned from the centurion that he was dead, he granted the body to Joseph. Then Joseph bought a linen cloth, and taking down the body, wrapped it in the linen cloth, and laid it in a tomb that had been hewn out of the rock. He then rolled a stone against the door of the tomb.

Mary Magdalene and Mary the mother of Joses saw where the body was laid.

The Sermon The Rev. Jason Shelby

There will be a moment of silence for reflection following the sermon. Please stand as able, and join in saying,

#### The Nicene Creed

All We believe in one God, the Father, the Almighty, maker of heaven and earth,

of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God, eternally begotten of the Father,

God from God, Light from Light, true God from true God,

begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made human.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father,

who with the Father and the Son is worshiped and glorified,

who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

Please remain standing, as able, for

The Prayers of the People (the People read the responses in **bold**)

Leader Father, we pray for your holy Catholic Church;

People That we all may be one.

Leader Grant that every member of the Church may truly and humbly serve you;

People That your Name may be glorified by all people.

Leader We pray for all bishops, priests, and deacons;

People That they may be faithful ministers of your Word and Sacraments.

Leader We pray for all who govern and hold authority in the nations of the world;

People That there may be justice and peace on the earth.

Leader Have compassion on those who suffer from any grief or trouble;

People That they may be delivered from their distress.

Leader Give to the departed eternal rest.

People Let light perpetual shine upon them.

Leader We praise you for your saints who have entered into joy;
People May we also come to share in your heavenly kingdom.

Leader Let us pray for our own needs and those of others.

Silence.

#### **Concluding Collect**

Celebrant The Lord be with you. **People** And also with you.

Celebrant Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept

the prayers of your people, and strengthen us to do your will; through Jesus Christ

our Lord. Amen.

Please kneel, as able,

The Confession of Sin

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,

we confess that we have sinned against you

in thought, word, and deed, by what we have done,

and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

#### The Absolution

Celebrant Almighty God have mercy № on you, forgive you all your sins through our Lord

Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep

you in eternal life. **Amen**.

Please stand, as able,

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Ministers and People exchange signs of peace in the name of the Lord.

Please be seated.

#### Welcome, Announcements

Anyone who has a birthday or anniversary in the next week is invited to come forward for a blessing:

All

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace which passes all understanding abide all the days of their life; through Jesus Christ our Lord. Amen.

### The Holy Communion

Offertory Anthem

O Most Merciful

Munster Gesangbuch 1677

O most merciful, O most bountiful, God the Father Almighty! By the Redeemer's sweet intercession Hear us, help us when we cry.

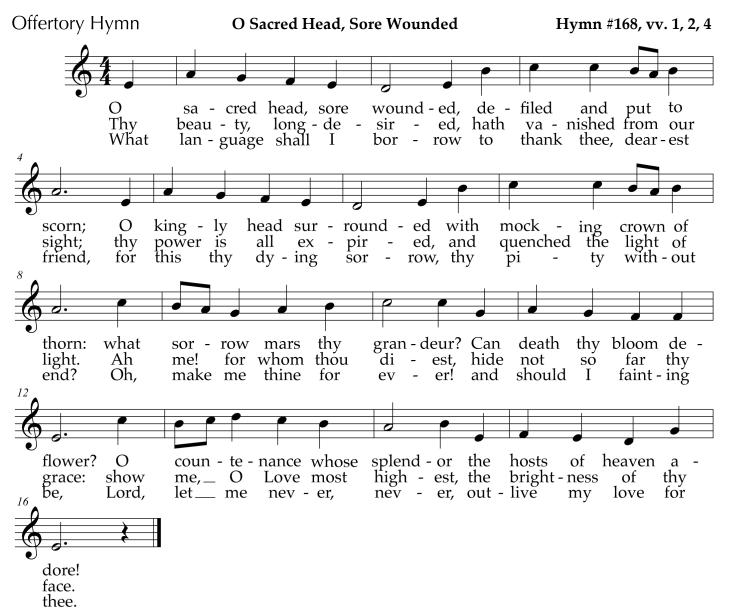
O blessed Saviour, Christ our Redeemer, Jesu, Son of Mary. By thy Passion and thine atonement. Hear us, help us when we cry.

O Holy Spirit, dwelling within us, God the blessed Paraclete By thine own wisdom, and through our pleading. Hear us, help us when we cry.

O triune Godhead, Trinity almighty, God the glorious three in one; By thy mercy heed our crying. Hear us, help us when we cry.

St. Francis Choir





Paul Gerhardt (1607-1676); sts. 1-3 and 5, tr. Robert Seymour Bridges (1844-1930), alt. Music: "Herzlich tut mich verlangen (Passion Chorale)," Hans Leo Hassler (1564-1612); adapt. and harm. Johann Sebastian Bach (1685-1750).

Please stand, as able, for,

#### The Great Thanksgiving

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

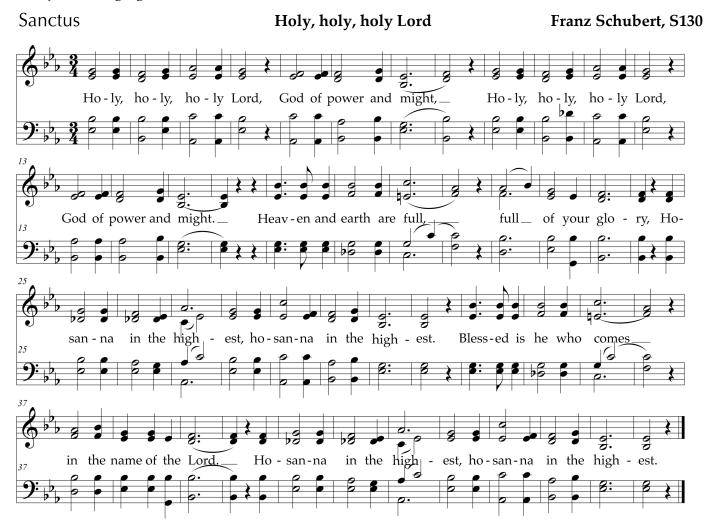
Celebrant Let us give thanks to the Lord our God. **People** It is right to give him thanks and praise.

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing:

Please join in singing,



Music: from "Deutsche Mass," Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

*Please kneel or stand, as able, as the Celebrant continues.* 

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy.

To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All We Praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **Amen.** 

Celebrant And now, as Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,

hallowed be thy Name, thy kingdom come,

thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

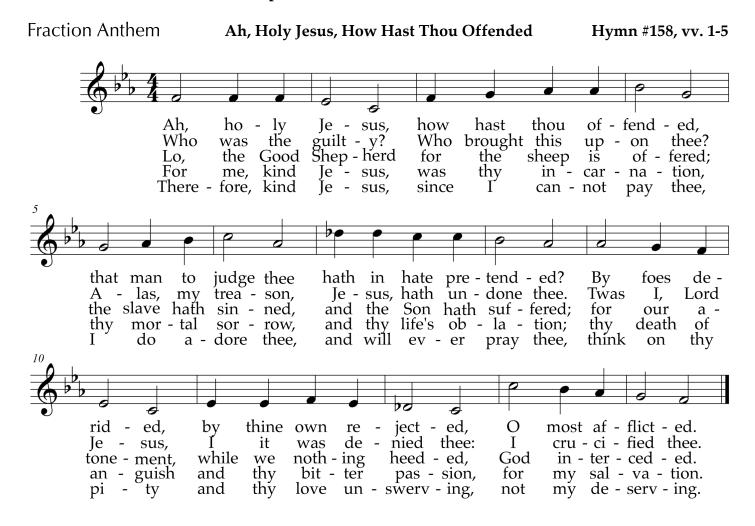
forever and ever. Amen.

#### The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Christ our Passover is sacrificed for us;

Therefore let us keep the feast.



Words: Johann Heermann (1585-1647); tr. Robert Seymour Bridges (1844-1930). Music: "Herzliebster Jesu, Johann Cruger (1598-1662), alt.

#### The Invitation

Celebrant The gifts of God for the people of God, Holy gifts, for Holy people.

For our online community—an invitation to pray together the spiritual communion prayer from the National Cathedral. A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

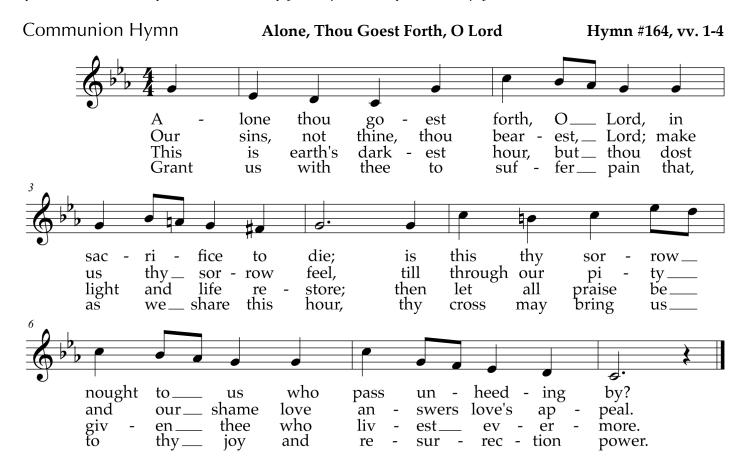
My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite my-self entirely to you; never permit me to be separated from you. Amen.

(St. Alphonsus de Liguori, 1696-1787)

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where someone will also be available to pray with you, or you may just choose to light a candle.

#### The Communion of the People

All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to receive, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you. Gluten -free Communion wafers are available. If you require one of these, simply ask.



Words: Peter Abelard (1079-1142); tr. F. Bland Tucker (1895-1984). Music: "Bangor," from "A Compleat Melody or Harmony of Zion," 1734.

Please kneel or stand, as able for,

The Post Communion Prayer

Celebrant Let us pray.

All

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Celebrant Go forth into the world in peace. Be of good courage, Hold fast to that which is

good. Render to no one evil for evil. Strengthen the fainthearted, support the

weak, help the afflicted. Honor all persons.

Love and serve the lord, rejoicing in the power of the Spirit. And, the blessing of God

Almighty, The ♥ Father, The Son, and The Holy Spirit be with you always.

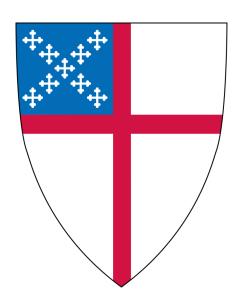
All Amen.

The Sending Forth

Deacon Let us go forth in the name of Christ.

People Thanks be to God!

Please stand, as able, and join in singing





Words: Caroline Maria Noel (1817-1877), alt. Music: "King's Weston," Ralph Vaughan Williams (1872-1958); by permission of Oxford University Press.

Postlude: Pasticcio Jean Langlais

#### Welcome!!

We warmly welcome you if you are here with us for the first time today. We joyfully welcome *all* people into our community – without exception. Whoever you are, and whatever the status of your relationship with God, you will find fellow travelers here.

Please join us for coffee fellowship after the service. The Ushers will direct you.

#### Prayers this Week

We pray for all those who serve in the armed and foreign services, and for their families, especially Thomas, Drew Deley, Michael Heredia, Mark Kappelmann, Joseph Leahy, TJ Malzahn, Will Piepenbring, Scott Ruston, Michael Strong, Barry Witt, Jonathan Zimmerman, and Steve.

Those who are ill, recovering from surgery, or in any other kind of need or trouble: Andrea, June Bacon, Matt Caldwell, Jean Dicus, Daniel Dreiling, Pauline Duley, Ceri Falk, Colette Furbush, Chris Goldsmith, George Ginis, Blair Hinz, Hannah, Sally Hill, Russel Knight, Loren, Mick Mohuchy, Judy Morgan, Patt Parker, Bruce Schaefer, Donna Tolbert, Roxanne Wall, Gail Winters, and for the people of the Middle East, and victims of violence everywhere.

> We pray for all who have died, especially Shelly Crilly, that they may have a place in your eternal kingdom.

#### Ongoing

Yoga

**Mondays from 11:00am –1:00pm - All Levels Hatha Yoga** for Strength and Mobility. Wednesdays 9:00-10:30am All Levels Gentle Yoga for Vital Mobility and Balance. (free-will offering).

Contact: Jill Lynch—jillfenskelynch@gmail.com

**AA**—Thursdays & Sundays 7:30 pm, **Al-Anon**—Thursdays 7:00pm

#### Our Clergy

The Rev. Jason Shelby, Rector, jason.shelby@stfrancispalosverdes.org

Direct Line: (310) 594-7984, Church Office: (310) 375-4617

The Rev. Celeste Stump, Deacon, Chaplain at The Canterbury, cstump@thecanterbury.org

Direct Line: (310) 913-1069

Children and families

Contact: Kristina Pelá, krab3@yahoo.com

#### Our Staff

Dr. Mark Bennett, (310) 594-7416, mark.bennett@stfrancispalosverdes.org, Director of Music Mrs. Elaine Mistele, (310) 594-8268, elaine.mistele@stfrancispalosverdes.org, Business Manager Ms. Claire Erbeznik, (310) 375 4617, claire.erbeznik@strancispalosverdes.org, Office Administrator & Receptionist Mr. David Knight, Organist

Mr. Joel Miranda, Sexton

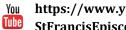


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