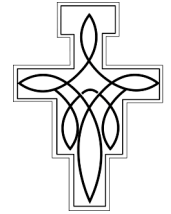


# Third Sunday of Easter

April 14, 2024, 10:00 am

Please take a moment to silence your cellphone. Thank you.

Please also note that our services are publicly livestreamed.



This morning's altar flowers are donated by Liz Cantine to the Glory of God and in gratitude for her son, daughter-in-law, three grandchildren (and the eldest's birthday today), and our goddaughters.

## What's Happening!

**TAIZÉ – April 30, 7pm**

Join us for a service of music and healing.

**Pickle Making – April 16th, 8am-3pm**

Join us to next Tuesday for our annual Pickle Making! Call Gloria at 310-415-8240 to join.

**Healing & Reconciliation Eucharist – Wednesdays, 12pm**

Join us every Wednesday for our service of healing & reconciliation at noon in the Chapel.

## The Word of God

Prelude

"Air" on the G string

J.S. Bach

Please stand as able, and join in singing,

Processional Hymn

Sing, Ye Faithful, Sing with Gladness

Hymn #492, vv. 1-4

Sing ye faith - ful, sing with glad - ness, wake your nob - lest, sweet - est strain,  
Sing how he came forth from hea - ven, bowed him - self to Beth - l'hem's cave,  
So, he tast - ed death for mor - tals, he, of hu - man - kind the head,  
Now, on high, yet ev - er with us, from his Fa - ther's throne the Son

5  
with the prais - es of Sav - ior let his house re - sound a - gain;  
stooped to wear the ser - ves - ture, bore the pain, the cross, the grave,  
sin - less one, a - mong sin - ful, Prince of Life, a - mong the dead;  
rules and guides the world he ran - somed, till the ap - point - ed work be done,

9  
him let all your mu - sic hon - or, and your songs ex - alt his reign.  
passed with - in the gates of dark - ness, thence his ban - ished ones to save.  
thus he wrought the full re - demp - tion, and the cap - tor cap - tive led.  
9  
till he see, re - newed and per - fect, all things gath - ered in - to one.

## The Opening Acclamation

Celebrant Alleluia. Christ is risen.

People **The Lord is risen indeed. Alleluia.**

## The Collect for Purity

Celebrant Almighty God,

All **to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we  
may perfectly love you, and worthily magnify your holy Name; through Christ our  
Lord. Amen.**

*Please remain standing as able, and join in singing,*

## Gloria

## Glory to God

Hymn #900, WLP (Rutter)

13 Glo-ry to God in the high-est, and peace to his peo-ple on earth. Lord God, heav'n-ly King, al-  
13 might-y God and Fa-ther, we wor-ship you, we give you thanks, we praise you for your glo - ry.  
25 Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a - way the sin  
40 of the world: have mer-cy on us; you are seat-ed at the right hand of the Father: re-ceive our prayer. For  
56 you a-lone are the Holy One, you a-lone are the Lord, you a-lone are the most high, Je-sus Christ,  
70 with the Ho - ly Spi - rit, in the glo-ry of God the Fa - ther. A men.

Music: John Rutter. Copyright Oxford University Press. Wonder, Love, and Praise #900. Used by permission OneLicense.net A-7091118

## The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray. O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his re-deeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated.*

The First Lesson Acts 3:12-19

1<sup>st</sup> Reader A reading from the Acts.

Peter addressed the people, "You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. But you rejected the Holy and Righteous One and asked to have a murderer given to you, and you killed the Author of life, whom God raised from the dead. To this we are witnesses. And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you.

"And now, friends, I know that you acted in ignorance, as did also your rulers. In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer. Repent therefore, and turn to God so that your sins may be wiped out."

1<sup>st</sup> Reader The Word of the Lord.

**People Thanks be to God.**

The Response Psalm 4 *Cum invocarem*

Reader Let us read from Psalm 4 responsively (*the People reading the text in bold*).

**Refrain Lord, Let Your Face Shine on Us Michael Guimont (Ps. 4)**



Words: English translation from "Lectionary for Mass," Copyright © 1969, 1981, 1997  
International Committee on English in the Liturgy, Inc. All rights reserved.

Music: Michel Guimont, from "Psalms for the Revised Common Lectionary," Copyright © 1998, 2002  
by G.I.A. Publications, Inc. International Copyright Secured. All Rights Reserved.

1 Answer me when I call, O God, defender of my cause; \*  
**you set me free when I am hard-pressed;**  
**have mercy on me and hear my prayer.**

2 "You mortals, how long will you dishonor my glory; \*  
**how long will you worship dumb idols**  
**and run after false gods?"**

3 Know that the Lord does wonders for the faithful; \*  
**when I call upon the Lord, he will hear me.**

4 Tremble, then, and do not sin; \*  
**speak to your heart in silence upon your bed.**

*Refrain*

5 Offer the appointed sacrifices \*  
**and put your trust in the Lord.**

6 Many are saying, "Oh, that we might see better times!" \*  
**Lift up the light of your countenance upon us, O Lord.**

7 You have put gladness in my heart, \*  
**more than when grain and wine and oil increase.**

8 I lie down in peace; at once I fall asleep; \*  
**for only you, Lord, make me dwell in safety.**

*Refrain*

The Second Lesson      1 John 3:1-7

2<sup>nd</sup> Reader    A Reading from the first book of John.

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. And all who have this hope in him purify themselves, just as he is pure.

Everyone who commits sin is guilty of lawlessness; sin is lawlessness. You know that he was revealed to take away sins, and in him there is no sin. No one who abides in him sins; no one who sins has either seen him or known him. Little children, let no one deceive you. Everyone who does what is right is righteous, just as he is righteous.

2<sup>nd</sup> Reader    The Word of the Lord.

**People      Thanks be to God.**

*Please stand as able, and join in singing,*

The Sequence Hymn      **Awake, Arise, Lift Up Your Voice**      Hymn #212, vv. 1-5



A - wake, a - rise, lift up your voice, let Eas - ter  
Oh, with what glad - ness and sur - prise the saints their  
Those hands of lib - eral love in - deed in in - fi -  
His en - e - mies had sealed the stone as Pi - late  
O Dead a - rise! O Friend - less stand by ser - a -



mu - sic swell; re - joice in Christ, a - gain re - joice and  
Sa - vior greet; nor will they trust their ears and eyes but  
nite de - gree, those feet still free to move and bleed for  
gave them leave, lest dead and friend - less and a - lone he  
phim a - dored! O Sol - i - tude a - gain com - mand your



on his prais - es dwell.  
by his hands and feet.  
mil - lions and for me.  
should their skill de - ceive.  
host from heaven re - stored!

Words: Christopher Smart (1722-1771), alt. Music: "Richmond," melody Thomas Haweis (1734-1820);  
adapt. Samuel Webbe (1740-1816)

*Please remain standing, as able, for the reading of the Gospel*

The Holy Gospel      Luke 24:36b-48

Celebrant      The Holy Gospel ✠ of our Lord Jesus Christ according to Luke.

**People      Glory to you, Lord Christ.**

Jesus himself stood among the disciples and said to them, "Peace be with you." They were startled and terrified, and thought that they were seeing a ghost. He said to them, "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate in their presence.

Then he said to them, "These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.

Celebrant      The Gospel of the Lord.

**People      Praise to you, Lord Christ.**

*Please be seated for,*

The Sermon      The Rev. Jason Shelby

*There will be a moment of silence for reflection following the sermon.*

*Please stand as able, and join in saying,*

The Nicene Creed

**All      We believe in one God, the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.**

**For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary, and was made human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*Please remain standing, as able, for*

The Prayers of the People (*the People read the responses in **bold***)

Reader Let us pray for the Church and for the world.  
Grant, Almighty God, that all who confess your Name may be united in your truth,  
live together in your love, and reveal your glory in the world.

*Silence*

Reader Lord, in your mercy  
**People Hear our prayer.**

Deacon Guide the people of this land, and of all the nations, in the ways of justice and peace;  
that we may honor one another and serve the common good.

*Silence*

Reader Lord, in your mercy  
**People Hear our prayer.**

Deacon Give us all a reverence for the earth as your own creation, that we may use its re-  
sources rightly in the service of others and to your honor and glory.

*Silence*

Reader Lord, in your mercy  
**People Hear our prayer.**

*Silence*

Reader Bless all whose lives are closely linked with ours, and grant that we may serve Christ  
in them, and love one another as he loves us.

Reader Lord, in your mercy  
**People Hear our prayer.**

*Silence*

Reader Comfort and heal all those who suffer in body, mind, or spirit; give them courage and  
hope in their troubles, and bring them the joy of your salvation.

*Silence*

Reader Lord, in your mercy  
**People Hear our prayer.**

Reader We commend to your mercy all who have died, that your will for them may be ful-  
filled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Reader Lord, in your mercy  
People **Hear our prayer.**

Celebrant: Hasten, O Father, the coming of thy kingdom; and grant that we thy servants, who now live by faith, may with joy behold thy Son at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate. Amen.

*Please kneel, as able,*

### The Confession of Sin

Celebrant Let us confess our sins against God and our neighbor.

All **Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

### The Absolution

Celebrant Almighty God have mercy ✠ on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Please stand, as able,*

### The Peace

Celebrant The peace of the Lord be always with you.  
People **And also with you.**

*Ministers and People exchange signs of peace in the name of the Lord.*

*Please be seated.*

### Welcome, Announcements

*Anyone who has a birthday or anniversary in the next week is invited to come forward for a blessing:*

All **Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace which passes all understanding abide all the days of their life; through Jesus Christ our Lord. Amen.**

# The Holy Communion

Offertory Anthem

*Bring Him Home*

*Boublil/Schonberg/Kretzmer*

*God on high, Hear my prayer, In my need  
You have always been there, He is young  
He's afraid, Let him rest, Heaven blessed.  
Bring him home, bring him home, bring him home  
He's like the son I might have known  
If God had granted me a son., The summers die  
One by one, How soon they fly, On and on*

*And I am old, And will be gone.  
Bring him peace, Bring him joy  
He is young, He is only a boy  
You can take, You can give  
Let him be, Let him live  
If I die, Let me die, Let him live  
Bring him home, bring him home, bring him home*

*Anthony Lowe, tenor  
David Knight, piano*

Offertory Hymn

**That Easter Day with Joy Was Bright**

**Hymn #193, vv. 1, 4, 5**



That Eas - ter day with joy was bright, the sun shone out with  
O Lord of all, with us a - bide in this our joy - ful  
All praise, O ris - en Lord, we give to thee, who, dead, a -



4  
fair - er light, when, to their long - ing eyes re - stored the'a -  
Eas - ter - tide; from ev - ery wea - pon death can wield thine  
gain dost live; to God the Fa - ther e - qual praise, and



7  
pos - tles saw their ris - en Lord.  
own re - deemed for ev - er shield.  
God the Ho - ly Ghost, we raise.

Words: Latin, 5th cent.; ver. "Hymnal 1940". Music: "Puer nobis," melody from Trier MS., 15th cent.; adapt. Michael Praetorius (1571-1621); harm. "Hymns Ancient and Modern, Revised," 1950.

*Please stand, as able, for,*



# The Great Thanksgiving

Celebrant The Lord be with you.

**People And also with you.**

Celebrant Lift up your hearts.

**People We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

**People It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Please join in singing,*

Sanctus

Sanctus

Proulx (S 125)

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,  
5 heaven and earth are full of your glo-ry. Ho - san - na in the  
10 high-est. Ho - san-na in the high-est. Blessed is he who comes in the  
15 name of the Lord. Ho - san - na in the high-est, Ho - san-na in the high-est.  
21

Setting : "A Community Mass," Richard Proulx (b. 1937). The Hymnal 1982:  
Service Music; Copyright © 1985 by The Church Pension Fund.

*Please kneel or stand, as able, as the Celebrant continues.*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us To that heavenly country where, with Francis and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

Celebrant And now, as Savior Christ has taught us, we are bold to say,

**All Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.**

# The Breaking of the Bread

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

Celebrant Alleluia, Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast, Alleluia.**

Fraction Anthem

**Come, Risen Lord, and Deign to Be Our Guest**

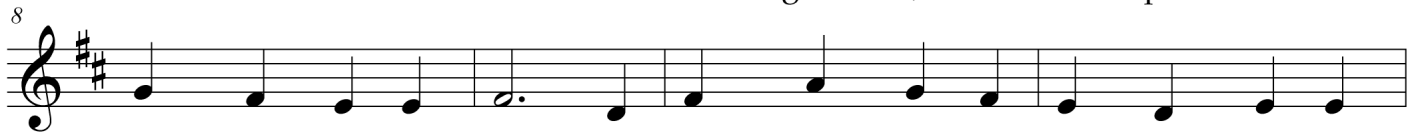
Hymn #306, vv. 1-4



Come, ris - en Lord, and deign to be our guest; nay,  
We meet, as in that up - per room they met; thou  
One bo - dy we, one Bo - dy who par - take, one  
One with each o - ther, Lord, for one in thee, who



let us be thy guests; the feast is thine; thy - self at thine own  
at the ta - ble, bless - ing, yet dost stand: "This is my Bo - dy";  
Church u - nit - ed in com - mun - ion blest; one Name we bear, one  
art one Sa - vior and one liv - ing Head; then o - pen thou our



board make man - i - fest in thine own Sac - ra - ment of Bread and  
so thou giv - est yet: faith still re - ceives the cup as from thy  
Bread of life we break, with all thy saints on earth and saints at  
eyes, that we may see; be known to us in break - ing of the



Wine.  
hand.  
rest.  
Bread.

Words: George Wallace Briggs (1875-1959), alt.; by permission of Oxford University Press.  
Music: "Sursum Corda," Alfred Morton Smith (1879-1971); Copyright © 1941, Mrs. Alfred M. Smith.

## The Invitation

Celebrant The gifts of God for the people of God, Holy gifts, for Holy people.

For our online community—an invitation to pray together the spiritual communion prayer from the National Cathedral. A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

(St. Alphonsus de Liguori, 1696-1787)

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where someone will also be available to pray with you, or you may just choose to light a candle.

## The Communion of the People

*All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to receive, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you. Gluten-free Communion wafers are available. If you require one of these, simply ask.*

### Communion Hymn

### Shepherd of Souls, Refresh and Bless

### Hymn #343, vv. 1-4

The musical score is written for a soprano or alto voice and a piano accompaniment. It is in the key of G major (one sharp) and 3/4 time. The score consists of three systems of music, each with a vocal line and a piano line. The lyrics are as follows:

Shep - herd of souls, re - fresh and bless  
 We would not live by bread a - lone,  
 Be known to us in break - ing bread,  
 Lord, sup with us in love di - vine,

thy cho - sen pil - grim flock with man - na  
 but by thy word of grace, in strength of  
 and do not then and de - part; Sa - vior, a -  
 thy Bo - dy and thy Blood, that liv - ing

in the wil - der - ness, with wa - ter from the rock.  
 which we trav - el on to our a - bid - ing place.  
 bide with us, and spread thy ta - ble in our heart.  
 bread, that heav'n - ly wine, be our im - mor - tal food.

Words: James Montgomery (1771-1854), alt. Music: "St. Agnes," melody John Bacchus Dykes (1823-1876);  
 harm. Richard Proulx (b. 1937), after John Bacchus Dykes (1823-1876).

*Please kneel or stand, as able for,*

### The Post Communion Prayer

Celebrant Let us pray.

**All** **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

### The Blessing

Celebrant Go forth into the world in peace. Be of good courage, Hold fast to that which is good. Render to no one evil for evil. Strengthen the fainthearted, support the weak, help the afflicted. Honor all persons. Love and serve the lord, rejoicing in the power of the Spirit. And, the blessing of God Almighty, The ☩ Father, The Son, and The Holy Spirit be with you always.

**All** **Amen.**

### The Sending Forth

Deacon Let us go forth in the name of Christ, alleluia, alleluia!

**People** **Thanks be to God, alleluia, alleluia!**

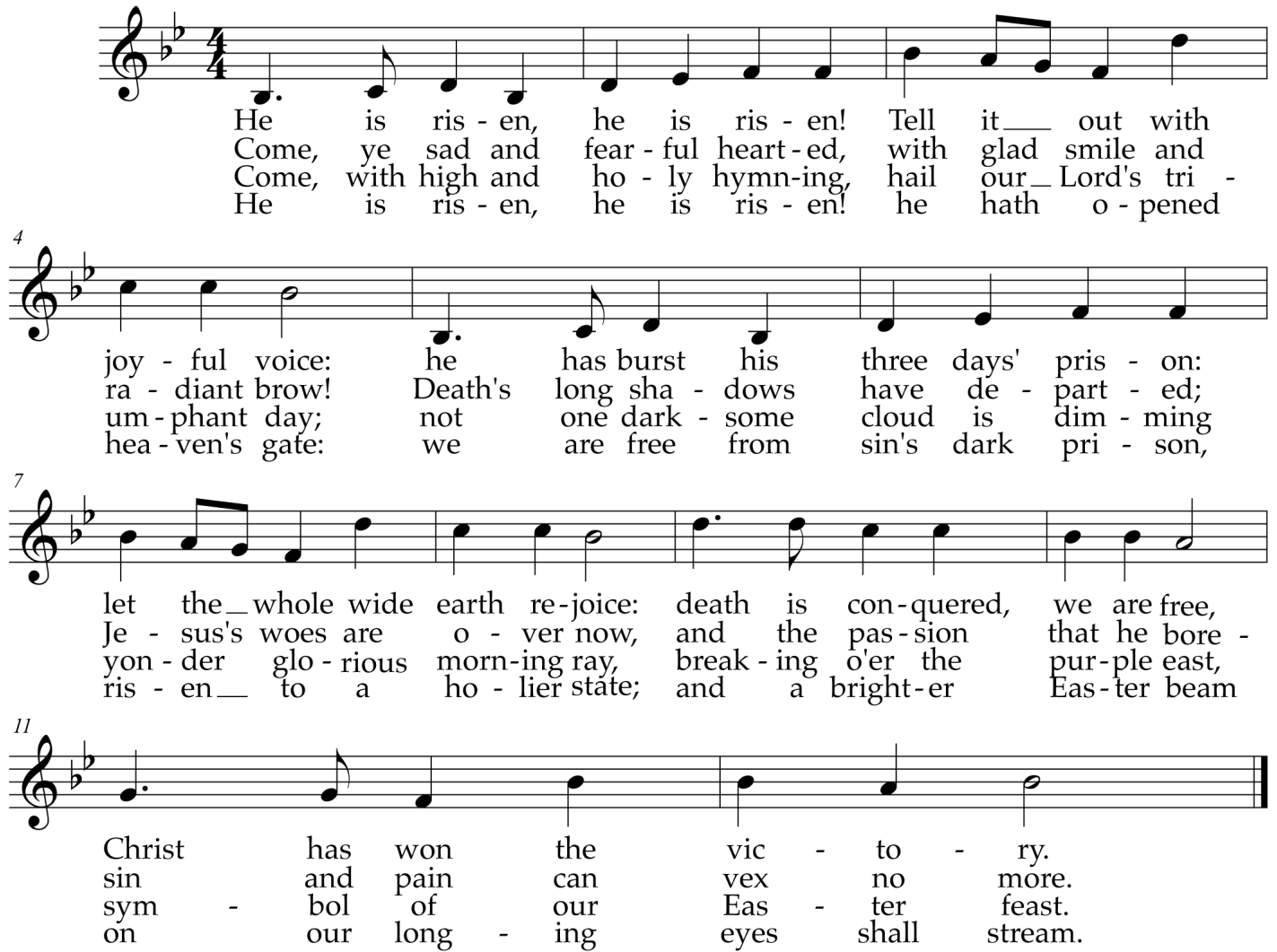
*Please stand, as able, and join in singing*



The Closing Hymn

He Is Risen!

Hymn #180, vv. 1-4



He is ris-en, he is ris-en! Tell it out with  
 Come, ye sad and fear-ful heart-ed, with glad smile and  
 Come, with high and ho-ly hymn-ing, hail our Lord's tri-  
 He is ris-en, he is ris-en! he hath o-pened  
 joy-ful voice: he has burst his three days' pris-on:  
 ra-diant brow! Death's long sha-dows have de-part-ed;  
 um-phunt day; not one dark-some cloud is dim-ming  
 hea-ven's gate: we are free from sin's dark pri-son,  
 let the whole wide earth re-joyce: death is con-quer-ed, we are free,  
 Je-sus's woes are o-ver now, and the pas-sion that he bore-pur-ple east,  
 yon-der glo-rious morn-ing ray, break-ing o'er the  
 ris-en to a ho-li-er state; and a bright-er Eas-ter beam  
 Christ has won the vic-to-ry.  
 sin and pain can vex no more.  
 sym-bol of our Eas-ter feast.  
 on our long-ing eyes shall stream.

Words: Cecil Frances Alexander (1818-1895), alt. Music: "Unser Herrscher," Joachim Neander (1650-1680).

Postlude:

Lift Up Your Heads

Paul Fey

# Welcome!!

We warmly welcome you if you are here with us for the first time today. We joyfully welcome *all* people into our community – without exception. Whoever you are, and whatever the status of your relationship with God, you will find fellow travelers here.

*Please join us for coffee fellowship after the service.  
The Ushers will direct you.*

## Prayers this Week

We pray for all those who serve in the armed and foreign services, and for their families, especially Thomas, Drew Deley, Michael Heredia, Mark Kappelmann, Joseph Leahy, TJ Malzahn, Will Piepenbring, Scott Ruston, Michael Strong, Barry Witt, Jonathan Zimmerman and Steve.

Those who are ill, recovering from surgery, or in any other kind of need or trouble: Andrea, Bud Allan, June Bacon, Matt Caldwell, Jean Dicus, Daniel Dreiling, Ceri Falk, Colette Furbush, Chris Goldsmith, George Ginis, Blaire Hinz, Hannah, Sally Hill, Russel Knight, Loren, Mick Mohuchy, Judy Morgan, Patt Parker, Bruce Schaefer, Donna Tolbert, Roxanne Wall, Gail Winters, and for the people of the Middle East, and victims of violence everywhere.

We pray for all who have died, that they may have a place in your eternal kingdom.

## Ongoing

### Yoga

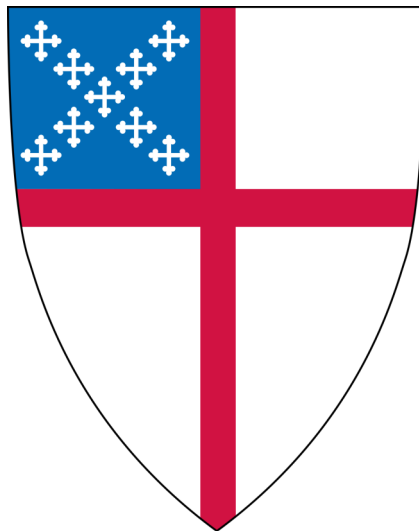
**Mondays from 11:00am –1:00pm - All Levels Hatha Yoga** for Strength and Mobility.

**Wednesdays 9:00-10:30am All Levels Gentle Yoga** for Vital Mobility and Balance.

(free-will offering).

Contact: Jill Lynch—[jillfenskelynych@gmail.com](mailto:jillfenskelynych@gmail.com)

**AA**—Thursdays & Sundays 7:30 pm, **Al-Anon**—Thursdays 7:00pm



## Our Clergy

**The Rev. Jason Shelby, Rector**, [jason.shelby@stfrancispalosverdes.org](mailto:jason.shelby@stfrancispalosverdes.org)

Direct Line: (310) 594-7984, Church Office: (310) 375-4617

**The Rev. Celeste Stump**, Deacon, Chaplain at The Canterbury, [cstump@thecanterbury.org](mailto:cstump@thecanterbury.org)

Direct Line: (310) 913-1069

## Children and families

Contact: Kristina Pelá, [krab3@yahoo.com](mailto:krab3@yahoo.com)

## Our Staff

**Dr. Mark Bennett**, (310) 594-7416, [mark.bennett@stfrancispalosverdes.org](mailto:mark.bennett@stfrancispalosverdes.org), Director of Music

**Mrs. Elaine Mistele**, (310) 594-8268, [elaine.mistele@stfrancispalosverdes.org](mailto:elaine.mistele@stfrancispalosverdes.org), Business Manager

**Ms. Claire Erbeznik**, (310) 375 4617, [claire.erbeznik@strancispalosverdes.org](mailto:claire.erbeznik@strancispalosverdes.org), Office Administrator & Receptionist

**Mr. David Knight**, Organist

**Mr. Joel Miranda**, Sexton



St Francis Palos Verdes



@saintfrancisepiscopal



<https://www.youtube.com/c/>

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