



We warmly welcome you if you are here with us for the first time today. We joyfully welcome all people into our community without exception. Whoever you are, and whatever the status of your relationship with God, you will find fellow travelers here. Please join us for coffee and fellowship after the service.

Please take a moment to silence your cellphone. Thank you.

The altar flowers this morning are given by:

Wendy Pratt and Tom Schuart to the glory of God and in celebration of their sixth wedding anniversary.

and by

Mark and Mead Duley to the glory of God and in loving memory of their mother, Pauline Hazarian Duley, on this first Mother's Day since her passing.

What's Happening!

Pentecost — Sunday, May 19

Celebrate Pentecost with us by wearing red to church!

Shelly Crilly Memorial — Sunday, May 19, 2:00pm at St. Francis.

Bud Allen Memorial — Monday, May 20, 10:00am at St. Francis.

Antiques Show — May 30-June 1

Our annual Antiques Show is back, with many opportunities for volunteers and participation. This is the major fundraiser for our parish and we hope you can find a way to be part of it.

Youth Art Camp — July 8-12, 9am-11:45am

All kids age 5-12 are welcome to join our Summer Art Camp! There are limited spaces available, and cost \$150 per camper (reserve before June 1st and get \$30 off). Contact Claire in the office to reserve a spot, today!

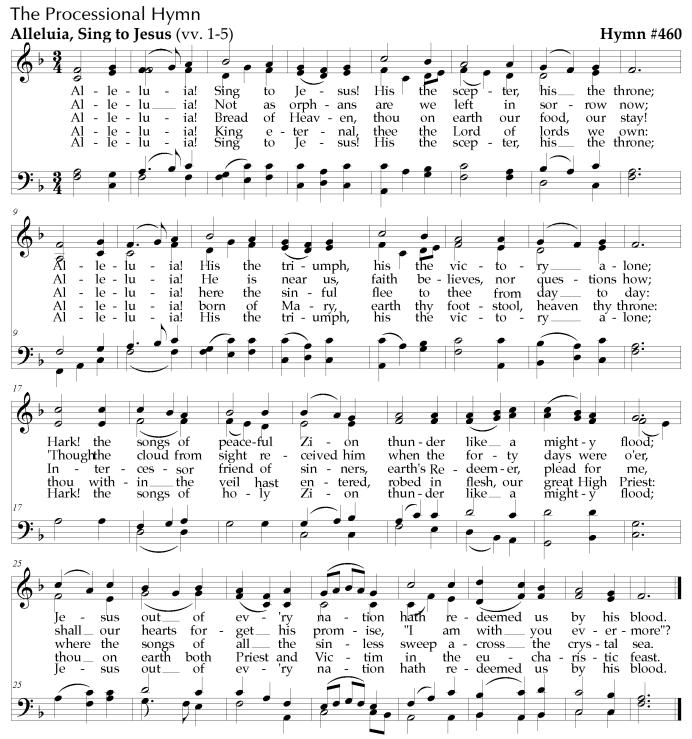
Healing & Reconciliation Eucharist — Wednesdays at Noon

Join us every Wednesday for our service of healing and reconciliation at noon in the Chapel.

The Prelude Ave Maria Caccini/Vavilov

The Word of God

Please stand as able and join in singing.



Words: William Chatterton Dix (1837-1898). Music: "Hyfrydol," Rowland Hugh Prichard (1811-1887).

The Opening Acclamation

Celebrant Alleluia. Christ is risen.

People The Lord is risen indeed. Alleluia.

The Collect for Purity

Celebrant Almighty God,

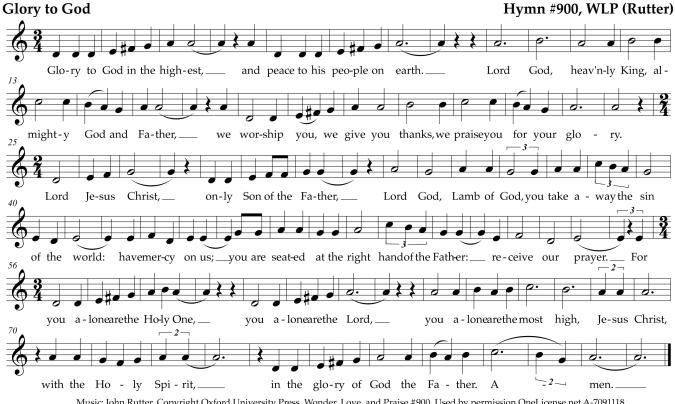
to you all hearts are open, all desires known, and from you no secrets are hid: People

> Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through

Christ our Lord. Amen.

Please remain standing as able and join in singing.

The Gloria



Music: John Rutter. Copyright Oxford University Press. Wonder, Love, and Praise #900. Used by permission OneLicense.net A-7091118

The Collect of the Day

Celebrant The Lord be with you. People And also with you.

Celebrant Let us pray.

> Almighty God, whose blessed Son our Savior Jesus Christ ascended far above all heavens that he might fill all things: Mercifully give us faith to perceive that, according to his promise, he abides with his Church on earth, even to the end of the ages; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. Amen.

Please be seated for the Lessons.

The First Lesson: Acts 1:1-11

Reader A Reading from the Acts of the Apostles.

In the first book, Theophilus, I wrote about all that Jesus did and taught from the beginning ²until the day when he was taken up to heaven, after giving instructions through the Holy Spirit to the apostles whom he had chosen. ³ After his suffering he presented himself alive to

them by many convincing proofs, appearing to them during forty days and speaking about the kingdom of God. ⁴While staying with them, he ordered them not to leave Jerusalem, but to wait there for the promise of the Father. "This," he said, "is what you have heard from me; ⁵for John baptized with water, but you will be baptized with the Holy Spirit not many days from now."

⁶So when they had come together, they asked him, "Lord, is this the time when you will restore the kingdom to Israel?" ⁷He replied, "It is not for you to know the times or periods that the Father has set by his own authority. ⁸But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth." ⁹When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. ¹⁰While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. ¹¹They said, "Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven."

Reader The Word of the Lord People Thanks be to God.

The Response: Psalm 93

Omnes gentes, plaudite

Reader Let us read from Psalm 93 responsively (the People reading the text in bold).



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The LORD is King; he has put on splendid apparel; * the LORD has put on his apparel and girded himself with strength. ²He has made the whole world so sure * that it cannot be moved; ³ever since the world began, your throne has been established; * you are from everlasting. Refrain ⁴The waters have lifted up, O LORD, the waters have lifted up their voice; * the waters have lifted up their pounding waves. 5Mightier than the sound of many waters, mightier than the breakers of the sea, * mightier is the LORD who dwells on high. ⁶Your testimonies are very sure, * and holiness adorns your house, O LORD, for ever and for evermore. Refrain The Second Lesson: Ephesians 1:15-23

Reader A Reading from Paul's letter to the Church in Ephesus.

¹⁵I have heard of your faith in the Lord Jesus and your love toward all the saints, and for this reason ¹⁶I do not cease to give thanks for you as I remember you in my prayers. ¹⁷I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, ¹⁸so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, ¹⁹and what is the immeasurable greatness of his power for us who believe, according to the working of his great power. ²⁰God put this power to work in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, ²¹far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the age to come. ²²And he has put all things under his feet and has made him the head over all things for the church, ²³which is his body, the fullness of him who fills all in all.

Reader The Word of the Lord People Thanks be to God.

Please stand as able and join in singing.



Text: John Bakewell (1721-1819) and Martin Madan (1726-1790), alt.. Music: "In Babilone," melody from Oude en Nieuwe Hollantse Boerenlites en Contradanseu," 1710; harm. Roy F. Kehl (b. 1935)

Please remain standing as able.

The Gospel: Luke 24:44-53

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

⁴⁴Jesus said to his disciples, "These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." ⁴⁵Then he opened their minds to understand the scriptures, ⁴⁶and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, ⁴⁷and that repentance and forgiveness of sins is to be proclaimed in his name to all nations,

beginning from Jerusalem. ⁴⁸You are witnesses of these things. ⁴⁹And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high."

⁵⁰Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. ⁵¹While he was blessing them, he withdrew from them and was carried up into heaven. ⁵²And they worshiped him, and returned to Jerusalem with great joy; ⁵³and they were continually in the temple blessing God.

Deacon The Gospel of the Lord.
People Praise to you, Lord Christ.

Please be seated.

The Sermon

Maggie Spalding and Will Sams

There will be a moment of silence for reflection following the sermon. Please stand as able and join in saying the Nicene Creed.

The Nicene Creed

All

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son he is worshiped and glorified, who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please remain standing as able.

The Prayers of the People (the People read the responses in **bold**)

Reader Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Reader Lord, in your mercy People Hear our prayer.

Reader Guide the people of this land, and of all the nations, in the ways of justice and

peace; that we may honor one another and serve the common good.

Silence

Reader Lord, in your mercy People Hear our prayer.

Reader Give us all a reverence for the earth as your own creation, that we may use its

resources rightly in the service of others and to your honor and glory.

Silence

Reader Lord, in your mercy People Hear our prayer.

Reader Bless all whose lives are closely linked with ours, and grant that we may serve

Christ in them, and love one another as he loves us.

Silence

Reader Lord, in your mercy People **Hear our prayer.**

Reader Comfort and heal all those who suffer in body, mind, or spirit; give them courage

and hope in their troubles, and bring them the joy of your salvation.

Silence

Reader Lord, in your mercy People **Hear our prayer.**

Reader We commend to your mercy all who have died, that your will for them may be

fulfilled; and we pray that we may share with all your saints in your eternal

kingdom.

Silence

Reader Lord, in your mercy People Hear our prayer.

Celebrant Almighty God, to whom our needs are known before we ask: Help us to ask only

what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord.

Amen.

Please kneel or sit as able.

The Confession of Sin

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God, we confess that we have sinned against you in thought,

word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your

will, and walk in your ways, to the glory of your Name. Amen.

The Absolution

Celebrant Almighty God have mercy + on you, forgive you all your sins through our Lord

Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit

keep you in eternal life. **Amen.**

Please stand as able.

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Ministers and People exchange signs of peace in the name of the Lord.

Please be seated.

The Welcome and Announcements

Anyone who has a birthday or anniversary in the next week is invited to come forward for a blessing:

All

Watch over your child(ren), O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace which passes all understanding abide all the days of their life; through Jesus Christ our Lord. Amen.

The Holy Communion

The Offertory Anthem

I Do Not Sleep

David Lantz III

Do not stand by my grave and weep; I am not there, I do not sleep.

I am the music that you hear, I am the joy and not the fear.

I am all things that you hold dear; I am with you.

Do not stand by my grave and weep; I am not there, I do not sleep.

My soul is flying in the wind; it went to heaven and back again.

God sends His love to you, dear friend, and I'm with you.

The willows smile for me, the flowers in full bloom;

My love for family is with you in this room.

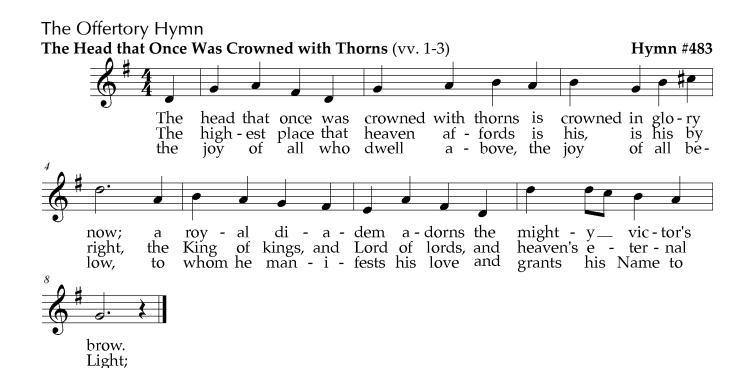
So take your memories, and keep them in your hearts.

My soul is here with you, and I did not depart.

I live in all your hearts, in all your hearts.

Do not stand by my grave and weep; I am not there, I do not sleep.

I am not there, I do not sleep. I do not sleep.



Words: Thomas Kelly (1769-1855). Music: "St. Mangus," melody from "Divine Companion," 1707; harm. William Henry Monk (1823-1889), after John Pyke Hullah (19th cent.).

Please stand as able.

know.

The Great Thanksgiving

CelebrantThe Lord be with you.PeopleAnd also with you.CelebrantLift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.People It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Setting : "A Community Mass," Richard Proulx (b. 1937). The Hymnal 1982: Service Music; Copyright © 1985 by The Church Pension Fund.

Please kneel or stand as able as the Celebrant continues.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

All We remember his death,
We proclaim his resurrection,
We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us To that heavenly country where, with Francis and all your

saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

Celebrant All And now, as Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia, Christ our Passover is sacrificed for us;

People Therefore let us keep the feast, Alleluia.



Text: Charles Wesley (1707-1788), alt. Music: "Llanfair," Robert Williams (1781-1821)

The Invitation

Celebrant The gifts of God for the people of God, Holy gifts, for Holy people.

For our online community: an invitation to pray together the spiritual communion prayer from the National Cathedral. A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

(St. Alphonsus de Liguori, 1696-1787)

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where you may light a candle and, if you wish, someone will be available to pray with you.

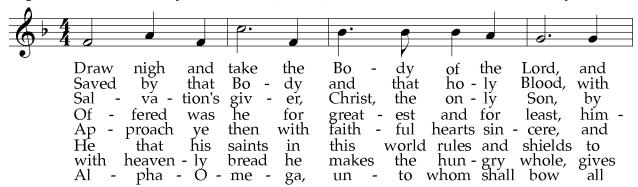
The Communion of the People

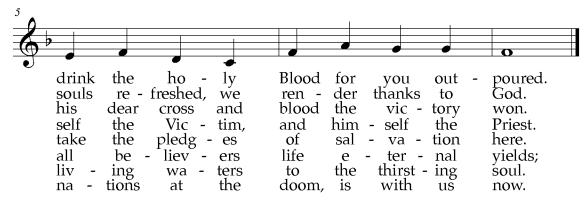
All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to receive, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you. Gluten-free Communion wafers are available. If you require one of these, simply ask.

The Communion Hymn

Draw Nigh and Take the Body of the Lord (vv. 1-8)

Hymn #328





Words: "Bangor Antiphoner," ca. 690; tr. John Mason Neale (1818-1866), alt. Music: "Song 46," melody and bass Orlando Gibbons (1583-1625); harm. "The English Hymnal," 1906.

Please kneel or stand as able as able.

The Post-Communion Prayer

Celebrant Let us pray.

All Eternal God, heavenly Father, you have graciously accepted us as living

members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with

gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Celebrant Go forth into the world in peace. Be of good courage, hold fast to that which is

good. Render to no one evil for evil. Strengthen the fainthearted, support the weak, help the afflicted. Honor all persons. Love and serve the Lord, rejoicing in the power of the Spirit. And, the blessing of God Almighty, The Father, The Son,

and The Holy Spirit be with you always.

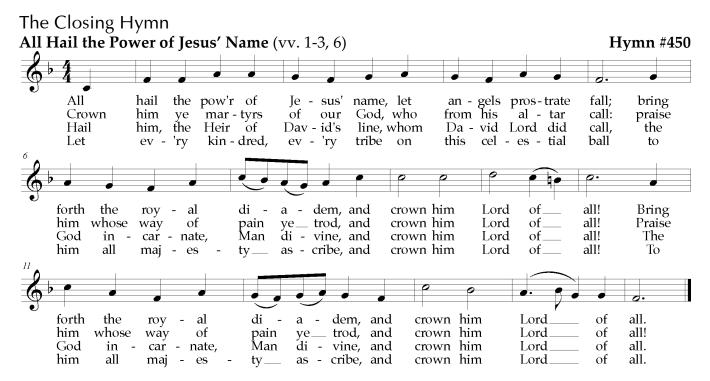
All Amen.

The Sending Forth

Deacon Let us go forth in the name of Christ. Alleluia, alleluia!

All Thanks be to God. Alleluia, alleluia!

Please stand as able and join in singing.



Words: Edward Perronet (1726-1792), alt. Music: "Coronation," Oliver Holden (1765-1844), alt.; desc. Michael E. Young (b. 1939); Descant, Copyright © 1979, G.I.A. Publications, Inc.

The Postlude

Prelude and Fugue in C major (BWV 553)

J.S. Bach

Prayers this Week

We pray for all those who serve in the armed and foreign services, and for their families, especially Thomas, Drew Deley, Michael Heredia, Mark Kappelmann, Joseph Leahy, TJ Malzahn, Will Piepenbring, Scott Ruston, Michael Strong, Barry Witt, Jonathan Zimmerman and Steve.

Those who are ill, recovering from surgery, or in any other kind of need or trouble: Andrea, June Bacon, Jean Dicus, Daniel Dreiling, Ceri Falk, Colette Furbush, George Ginis, Chris Goldsmith, Hannah, Sally Hill, Blair Hinz, Loren, Mick Mohuchy, Judy Morgan, Patt Parker, Bruce Schaefer, Jane Sharp, Tommy Tolbert, Roxanne Wall, Gail Winters, and for the people of the Middle East, and victims of violence everywhere.

We pray for all who have died, especially Bud Allen and Marjorie Goodrich, that they may have a place in your eternal kingdom.

Ongoing

Yoga Contact: Jill Lynch (jillfenskelynch@gmail.com)

- All Levels Hatha Yoga for Strength and Mobility: Mondays 11:00 am-12:30 pm.
- All Levels Gentle Yoga for Vital Mobility and Balance: Wednesdays 9:00-10:30 am.

Alcoholics Anonymous Thursdays and Sundays at 7:30 pm

Al-Anon Thursdays at 7:00 pm

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