# Proper 5 Sunday, June 9, 2024 \* 10:00 am



Celebrant/Preacher: The Rev. Jason Shelby

We warmly welcome you if you are here with us for the first time today. We joyfully welcome all people into our community without exception. Whoever you are, and whatever the status of your relationship with God, you will find fellow travelers here. Please join us for coffee and fellowship after the service. Please take a moment to silence your cellphone. Thank you.

# What's Happening!

Marjorie Goodrich Memorial — June 11, 10:00am

Father's Day — Sunday, June 16

Fr. Jason will be out of town on Sunday, June 16 and Sunday, June 23.

On June 16, The Rev. Jude Lyons will be our supply clergy.

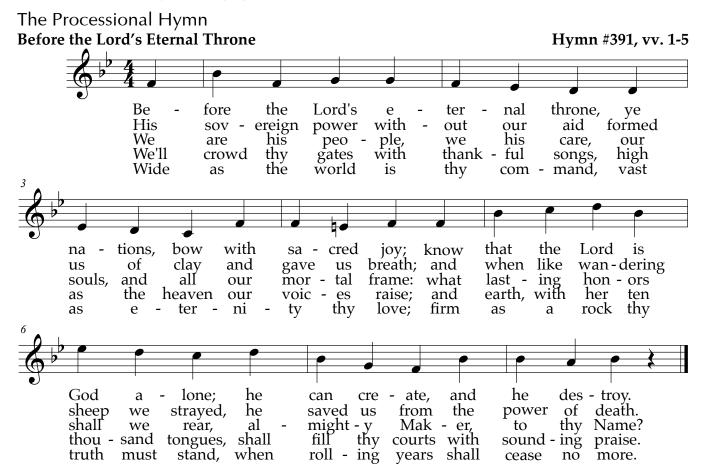
Good Grief Support Group — Wednesday, June 19, 5:00pm

Youth Art Camp — July 8-12, 9am-11:45am

All kids age 5-12, \$150 per camper. Contact Claire in the office.

# The Word of God

Please stand as able and join in singing.



Words: Isaac Watts (1674-1748), alt.; para. of Psalm 100. Music: "Winchester New," melody from "Musicalishes Hand-Buch," 1690; harm. William Henry Monk (1823-1889).

# The Opening Acclamation

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

# The Collect for Purity

Celebrant Almighty God,

People to you all hearts are open, all desires known, and from you no secrets are hid:

Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through

Christ our Lord. Amen.

Please remain standing as able and join in singing.

# The Gloria



# The Collect of the Day

Celebrant The Lord be with you.People And also with you.

Celebrant Let us pray.

O God, from whom all good proceeds: Grant that by your inspiration we may think those things that are right, and by your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

Please be seated for the Lessons.

The First Lesson: Genesis 3:8-15

Reader A Reading from the book of Genesis.

They heard the sound of the LORD God walking in the garden at the time of the evening breeze, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden. But the LORD God called to the man, and said to him, "Where are you?" <sup>10</sup>He said, "I heard the sound of you in the garden, and I was afraid, because I was naked; and I hid myself." <sup>11</sup>He said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you not to eat?" <sup>12</sup>The man said, "The woman whom you gave to be with me, she gave me fruit from the tree, and I ate." <sup>13</sup>Then the LORD God said to the woman, "What is this that you have done?" The woman said, "The serpent tricked me, and I ate." <sup>14</sup>The LORD God said to the serpent,

"Because you have done this, cursed are you among all animals and among all wild creatures; upon your belly you shall go, and dust you shall eat all the days of your life.

<sup>15</sup>I will put enmity between you and the woman, and between your offspring and hers; he will strike your head, and you will strike his heel."

Reader The Word of the Lord People Thanks be to God.

The Response: Psalm 130

Reader Let us read from Psalm 130 responsively (the People reading the text in bold).



Words: English translation from "Lectionary for Mass," Copyright © 1969, 1981, 1997
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Music: Michel Guimont, from "Psalms for the Revised Common Lectionary," Copyright © 1998, 2002, G.I.A. Publications, Inc. All Rights Reserved.

Out of the depths have I called to you, O LORD;

LORD, hear my voice; \*

let your ears consider well the voice of my supplication.

<sup>2</sup>If you, LORD, were to note what is done amiss, \*

O Lord, who could stand?

<sup>3</sup>For there is forgiveness with you; \*

therefore you shall be feared.

Refrain

<sup>4</sup>I wait for the LORD; my soul waits for him; \*

in his word is my hope.

<sup>5</sup>My soul waits for the LORD,

more than watchmen for the morning, \*

more than watchmen for the morning.

O Israel, wait for the LORD, \*

for with the LORD there is mercy;

with him there is plenteous redemption, \*

and he shall redeem Israel from all their sins. Refrain

The Second Lesson: 2 Corinthians 4:13--5:1

Reader A Reading from Paul's Second letter to the Church in Corinth.

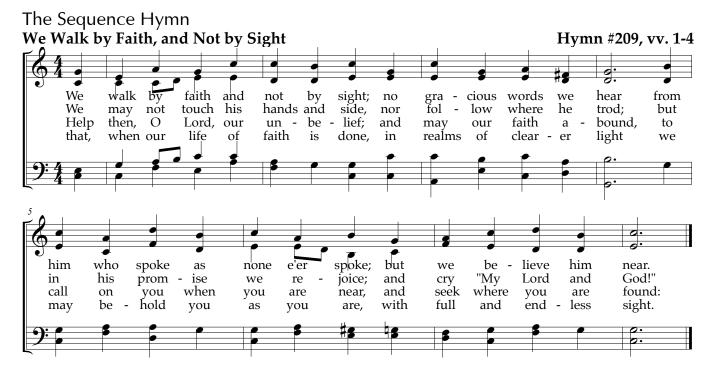
<sup>13</sup>Just as we have the same spirit of faith that is in accordance with scripture—"I believed, and so I spoke"—we also believe, and so we speak, <sup>14</sup>because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence. <sup>15</sup>Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God.

<sup>16</sup>So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. <sup>17</sup>For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, <sup>18</sup>because we look not at what can be seen but at what

cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

<sup>5</sup>1For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens.

Reader The Word of the Lord People Thanks be to God.
Please stand as able and join in singing.



Vords: Henry Alford (1810-1871), alt. Music: "St. Anne," melody att. William Croft (1678-1727), alt.; harm. William Henry Monk (1823-1889

Please remain standing as able.

The Gospel: Mark 3:20-35

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

<sup>20</sup>The crowd came together again, so that Jesus and his disciples could not even eat. <sup>21</sup>When his family heard it, they went out to restrain him, for people were saying, "He has gone out of his mind." <sup>22</sup>And the scribes who came down from Jerusalem said, "He has Beelzebul, and by the ruler of the demons he casts out demons." <sup>23</sup>And he called them to him, and spoke to them in parables, "How can Satan cast out Satan? <sup>24</sup>If a kingdom is divided against itself, that kingdom cannot stand. <sup>25</sup>And if a house is divided against itself, that house will not be able to stand. <sup>26</sup>And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. <sup>27</sup>But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

<sup>28</sup>"Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; <sup>29</sup>but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin"—<sup>30</sup>for they had said, "He has an unclean spirit."

<sup>31</sup>Then his mother and his brothers came; and standing outside, they sent to him and called him. <sup>32</sup>A crowd was sitting around him; and they said to him, "Your mother and your brothers and sisters are outside, asking for you." <sup>33</sup>And he replied, "Who are my mother and my

brothers?" <sup>34</sup>And looking at those who sat around him, he said, "Here are my mother and my brothers! <sup>35</sup>Whoever does the will of God is my brother and sister and mother."

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

Please be seated.

The Sermon The Rev. Jason Shelby

There will be a moment of silence for reflection following the sermon.

Please stand as able and join in saying the Nicene Creed.

#### The Nicene Creed

All We l

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son he is worshiped and glorified, who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please remain standing as able.

The Prayers of the People (the People read the responses in **bold**)

Reader Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Reader Lord, in your mercy People **Hear our prayer.** 

Reader Guide the people of this land, and of all the nations, in the ways of justice and

peace; that we may honor one another and serve the common good.

Silence

Reader Lord, in your mercy People **Hear our prayer.** 

Reader Give us all a reverence for the earth as your own creation, that we may use its

resources rightly in the service of others and to your honor and glory.

Silence

Reader Lord, in your mercy People **Hear our prayer.** 

Reader Bless all whose lives are closely linked with ours, and grant that we may serve

Christ in them, and love one another as he loves us.

Silence

Reader Lord, in your mercy People **Hear our prayer.** 

Reader Comfort and heal all those who suffer in body, mind, or spirit; give them courage

and hope in their troubles, and bring them the joy of your salvation.

Silence

Reader Lord, in your mercy People **Hear our prayer.** 

Reader We commend to your mercy all who have died, that your will for them may be

fulfilled; and we pray that we may share with all your saints in your eternal

kingdom.

Silence

Reader Lord, in your mercy People Hear our prayer.

Celebrant Almighty God, to whom our needs are known before we ask: Help us to ask only

what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord.

Amen.

Please kneel or sit as able.

#### The Confession of Sin

Celebrant Let us confess our sins against God and our neighbor.

All Most merciful God, we confess that we have sinned against you in thought,

word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your

will, and walk in your ways, to the glory of your Name. Amen.

# The Absolution

Celebrant Almighty God have mercy + on you, forgive you all your sins through our Lord

Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit

keep you in eternal life. Amen.

Please stand as able.

# The Peace

*Celebrant* The peace of the Lord be always with you.

People And also with you.

Ministers and People exchange signs of peace in the name of the Lord.

Please be seated.

#### The Welcome and Announcements

Anyone who has a birthday or anniversary in the next week is invited to come forward for a blessing:

All

Watch over your child(ren), O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace which passes all understanding abide all the days of their life; through Jesus Christ our Lord. Amen.

# The Holy Communion

The Offertory Anthem

Standin' in the Need of Prayer Traditional Spiritual, arr. Carl Haywood Sung by Sung by the St. Francis Choir

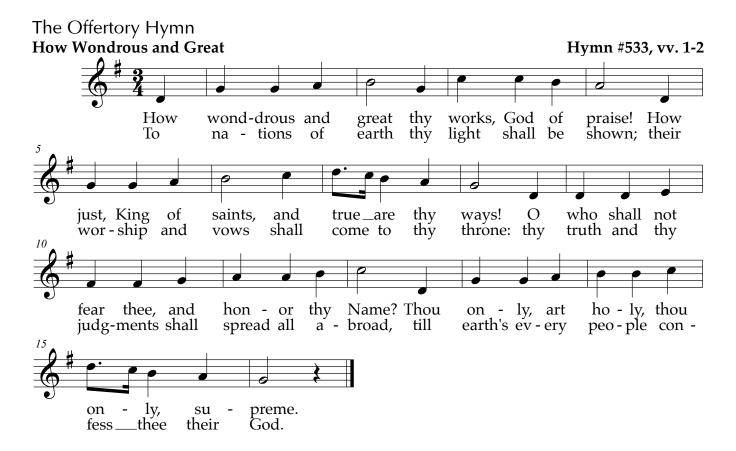
Soloists: Susan Tsuji (tenor), Lloyd Mistele (bass), Wendy Pratt (soprano), and Jill Lynch (soprano)

Not my brother, not my sister, but it's me, O Lord, standin' in the need of prayer, Not my brother, not my sister, but it's me, O Lord, standin' in the need of prayer

Not the preacher, not the deacon, but it's me, O Lord, standin' in the need of prayer, Not the preacher, not the deacon, but it's me, O Lord, standin' in the need of prayer. Not my father, not my mother, but it's me, O Lord, standin' in the need of prayer, Not my father, not my mother, but it's me, O Lord, standin' in the need of prayer.

LEVAS II #177

Not the stranger, not my neighbor, but it's me, O Lord, standin' in the need of prayer, Not the stranger, not my neighbor, but it's me, O Lord, standin' in the need of prayer.



Words: Henry Ustick Onderdonk (1759-1858), alt.; para. "The Song of the Redeemed". Music: "Lyons," att. Johann Michael Haydn (1737-1806).

Please stand as able.

# The Great Thanksgiving

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.

People We lift them to the Lord.

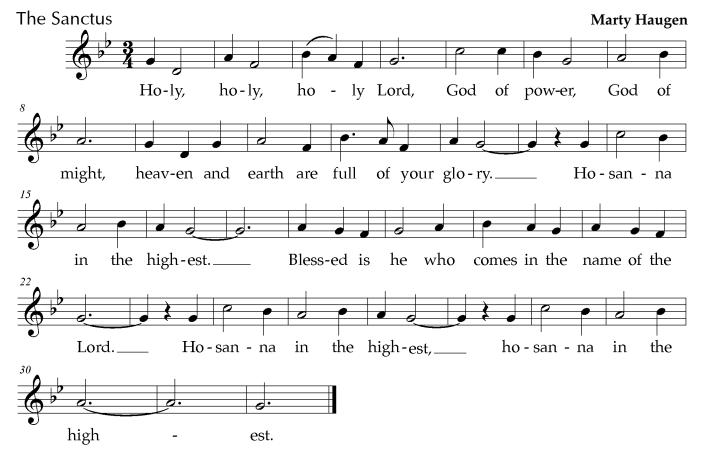
Celebrary Let us give thanks to the Lord.

CelebrantPeopleLet us give thanks to the Lord our God.It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Music: "Mass of Creation; Marty Haugen (b. 1950) © 1984, GIA Publications, Inc. All rights reserved. Used by permission.

Please kneel or stand as able as the Celebrant continues.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

All We remember his death,
We proclaim his resurrection,
We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection

under your Christ, and bring us To that heavenly country where, with Francis and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

Celebrant

And now, as Savior Christ has taught us, we are bold to say,

All

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

# The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia, Christ our Passover is sacrificed for us;

People Therefore let us keep the feast, Alleluia.

#### The Fraction Anthem



Words: Psalm 118:24. Music: Les Garrett. Copyright © 1967 SCRIPTURE IN SONG; (administered by MARANATHA MUSIC c/o The Copyright Company, Nashville, Tn.). All Rights Reserved. International Copyright Secured. Used by Permission.

# The Invitation

*Celebrant* The gifts of God for the people of God, Holy gifts, for Holy people.

For our online community: an invitation to pray together the spiritual communion prayer from the National Cathedral. A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

(St. Alphonsus de Liguori, 1696-1787)

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where you may light a candle and, if you wish, someone will be available to pray with you.

# The Communion of the People

All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to receive, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you. Gluten-free Communion wafers are available. If you require one of these, simply ask.



Words: Horatio Spafford (1828-1888). Music: Philip P. Bliss (1838-1876). "Lift Every Voice and Sing II: An African American Hymnal," Copyright © 1993 by The Church Pension Fund. All rights reserved.

Please kneel or stand as able as able.

# The Post-Communion Prayer

Celebrant

Let us pray.

All

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

# The Blessing

Celebrant

Go forth into the world in peace. Be of good courage, hold fast to that which is good. Render to no one evil for evil. Strengthen the fainthearted, support the weak, help the afflicted. Honor all persons. Love and serve the Lord, rejoicing in the power of the Spirit. And, the blessing of God Almighty, The Father, The Son, and The Holy Spirit be with you always.

All

Amen.

# The Sending Forth

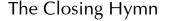
Celebrant

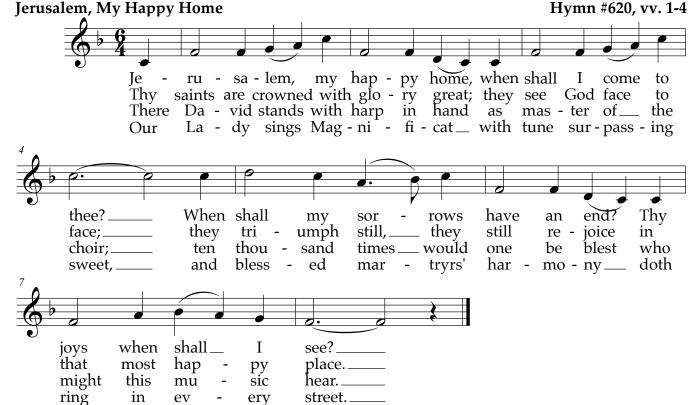
Let us go forth in the name of Christ. Alleluia, alleluia!

All Thanks

Thanks be to God. Alleluia, alleluia!

Please stand as able and join in singing.





Words: F. B. P. (16th cent.), alt. Music: "Land of Rest," American folk hymn; Copyright © 1938 by J. Fisher & Bro, a division of CPP/Belwin Inc. Copyright renewed. Used with permission. All rights reserved. adapt. and harm. Annabel Morris Buchanan (1889-1983).

# Prayers this Week

We pray for all those who serve in the armed and foreign services, and for their families, especially Thomas, Drew Deley, Michael Heredia, Mark Kappelmann, Joseph Leahy, TJ Malzahn, Will Piepenbring, Scott Ruston, Michael Strong, Barry Witt, Jonathan Zimmerman and Steve.

Those who are ill, recovering from surgery, or in any other kind of need or trouble: Andrea, June Bacon, Jean Dicus, Daniel Drayling, Ceri Falk, Colette Furbush, George Ginis, Chris Goldsmith, Sally Hill, Blair Hinz, Loren, Judy Morgan, Patt Parker, Bruce Schaefer, Jane Sharp, Tommy, Roxanne Wall, Gail Winters, and William Zak, Sr., and for the people of the Middle East, and victims of violence everywhere.

We pray for all who have died, especially Mick Mohuch, that they may have a place in your eternal kingdom.

# Ongoing

Yoga Contact: Jill Lynch (jillfenskelynch@gmail.com)

- All Levels Hatha Yoga for Strength and Mobility: Mondays 11:00 am-12:30 pm.
- All Levels Gentle Yoga for Vital Mobility and Balance: Wednesdays 9:00-10:30 am.

Alcoholics Anonymous Thursdays and Sundays at 7:30 pm

Al-Anon Thursdays at 7:00 pm

# Our Staff

# Dr. Mark Bennett, Director of Music

(310) 594-7416, mark.bennett@stfrancispalosverdes.org

#### Mrs. Elaine Mistele, Business Manager

(310) 594-8268, elaine.mistele@stfrancispalosverdes.org

#### Ms. Claire Erbeznik

#### Office Administrator & Receptionist

(310) 375 4617, claire.erbeznik@strancispalosverdes.org

#### Mr. David Knight, Organist

#### Mr. Joel Miranda, Sexton

mirandajoel@outlook.com

# Mr. Wayne Hastings, Communications

(901) 219-6564, wayne@stfrancispalosverdes.org

# Children and Families

# Kristina Pelá

krab3@yahoo.com

# Our Clergy

# The Rev. Jason Shelby, Rector

jason.shelby@stfrancispalosverdes.org Direct Line: (310) 594-7984,

Church Office: (310) 375-4617

### The Rev. Celeste Stump, Deacon

Chaplain at The Canterbury cstump@thecanterbury.org Direct Line: (310) 913-1069



2200 Via Rosa Palos Verdes, CA 90274 (310) 375-4617 www.stfrancispalosverdes.org





