# Pentecost 9 / Proper 11

Sunday, July 21, 2024 \* 10:00 am

*Celebrant/Preacher: The Rev. Jason Shelby* 

Deacon: The Rev. Celeste Stump



We warmly welcome you if you are here with us for the first time today. We joyfully welcome all people into our community without exception. Whoever you are, and whatever the status of your relationship with God, you will find fellow travelers here. Please join us for coffee and fellowship after the service.

Flowers on the altar are given by Liz and Dick Cantine in celebration of the June birthdays of her husband, Richard, and son, Tom; July birthdays of their grandson, Aidan and beloved brother, Art. And by Karin Petersen in loving memory of her sister, Francesca Eva Ewalt.

Please take a moment to silence your cellphone. Thank you.

# What's Happening!

**IMPORTANT: Parish Small Group Meetings in July and August** Details in the back of this bulletin.

Taizé Service and Reception – Tuesday, July 23, 7:00pm in the Chapel Healing & Reconciliation Holy Eucharist – Wednesdays at noon in the Chapel June Bacon Memorial – Saturday, July 27, 2:00pm

# Ongoing

**Good Grief Loss Support Group:** Alternating Wednesday mornings (11 am to noon) and evenings (5 pm to 6 pm) in the St. Francis Library.

**Men's Corner:** Monthly for dinner at Corner Bakery. Contact Ed Hinz (kn6jn@yahoo.com).

**Quilting and Knitting Group:** Thursdays at 1 pm in the Board Room. Contact: Anna Eakins (annatkozaki@gmail.com).

**SAGES (Senior Adult Group of Episcopalians):** Group outings, social gatherings, guest speakers, and more.

- **St. Anne's Guild:** Meets on the 4th Monday of Sept-June at 6pm. Join us for fellowship, plan church events (like the Rummage Sale and Antiques Show), potluck dinners, and our Christmas charity event! Contact Anna Eakins for questions.
- **St. Teresa's Guild:** Meet a few times a year to raise money for charities that support women and children through dues and our famous Chinese New Year event. Contact Robin Pano for questions.

Friars: Meets as needed to cook meals for Parish events (e.g. Lenten Suppers). Contact Dick Briggs.

**Yoga:** All Levels Hatha Yoga for Strength and Mobility: Mondays, 11 am to 12:30 pm. All Levels Gentle Yoga for Vital Mobility and Balance: Wednesdays, 9am to 10:30 am. Contact: Jill Lynch (jillfenskelynch@gmail.com).

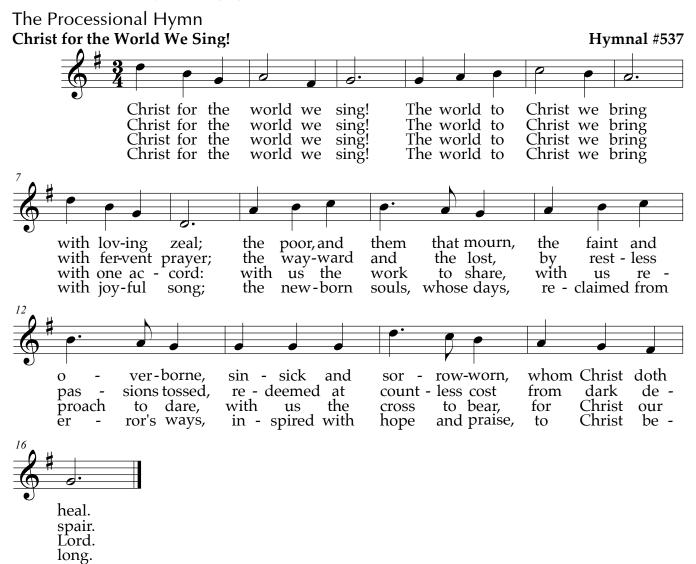
**Alcoholics Anonymous** Thursdays and Sundays, 7:30 pm.

**Al-Anon** Thursdays, 7 pm.

Visit our website calendar for more events, dates and times: stfrancispalosverdes.org

# The Word of God

Please stand as able and join in singing.



Words: Samuel Wolcott (1813-1886). Music: "Moscow", melody Felice de Giardini (1716-1796); harm. "The New Hymnal, 1916, based on "Hymns Ancient and Modern," 1875, and Lowell Mason (1792-1872).

# The Opening Acclamation

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

# The Collect for Purity

Celebrant Almighty God,

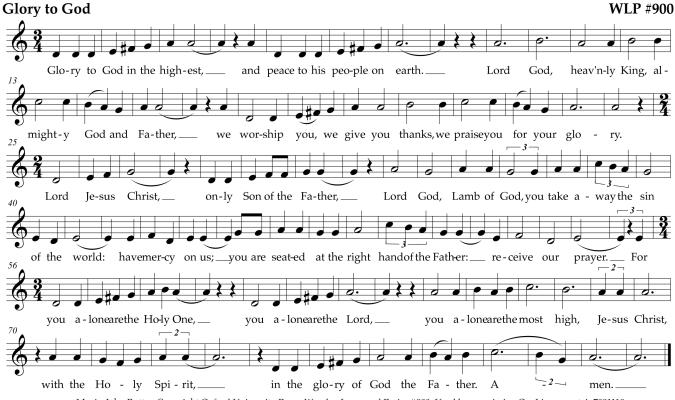
People to you all hearts are open, all desires known, and from you no secrets are hid:

Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through

Christ our Lord. Amen.

Please remain standing as able and join in singing.

#### The Gloria



 $Music: John \ Rutter. \ Copyright \ Oxford \ University \ Press. \ Wonder, \ Love, \ and \ Praise \#900. \ Used \ by \ permission \ One License. net \ A-7091118$ 

# The Collect of the Day

CelebrantPeopleCelebrantThe Lord be with you.And also with you.Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

Please be seated for the Lessons.

## The First Lesson: Jeremiah 23:1-6

Reader A Reading from the book of the prophet Jeremiah.

<sup>1</sup>Woe to the shepherds who destroy and scatter the sheep of my pasture! says the LORD.

<sup>2</sup>Therefore thus says the LORD, the God of Israel, concerning the shepherds who shepherd my

people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the LORD. <sup>3</sup>Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. <sup>4</sup>I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD.

<sup>5</sup>The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. <sup>6</sup>In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: "The LORD is our righteousness."

Reader The Word of the Lord People Thanks be to God.

The Response: Psalm 23

Reader Let us read from Psalm 23 responsively (the People reading the text in bold).



Words: English translation from "Lectionary for Mass," Copyright © 1969, 1981, 1997
International Committee on English in the Liturgy, Inc. All rights reserved;
Music: Michel Guimont, from "Lectionary Psalms: The Revised Grail Psalms,"
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<sup>1</sup>The LORD is my shepherd; \*

I shall not be in want.

<sup>2</sup>He makes me lie down in green pastures \*

and leads me beside still waters.

<sup>3</sup>He revives my soul \*

and guides me along right pathways for his Name's sake.

Refrain

<sup>4</sup>Though I walk through the valley of the shadow of death,

I shall fear no evil; \*

for you are with me;

your rod and your staff, they comfort me.

<sup>5</sup>You spread a table before me in the presence of those who trouble me; \* you have anointed my head with oil, and my cup is running over.

Surely your goodness and mercy shall follow me all the days of my life, \* and I will dwell in the house of the LORD for ever.

Refrain

The Second Lesson: Ephesians 2:11-22

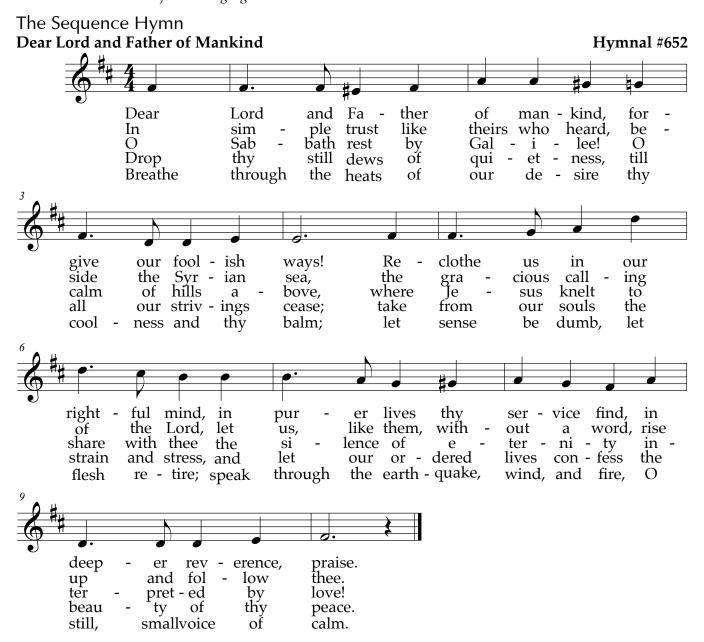
Reader A Reading from Paul's letter to the Church in Ephesus.

<sup>11</sup>Remember that at one time you Gentiles by birth, called "the uncircumcision" by those who are called "the circumcision" —a physical circumcision made in the flesh by human hands—
<sup>12</sup>remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. <sup>13</sup>But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. <sup>14</sup>For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. <sup>15</sup>He has abolished the law

with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, <sup>16</sup> and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. <sup>17</sup>So he came and proclaimed peace to you who were far off and peace to those who were near; <sup>18</sup> for through him both of us have access in one Spirit to the Father. <sup>19</sup>So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, <sup>20</sup> built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. <sup>21</sup> In him the whole structure is joined together and grows into a holy temple in the Lord; <sup>22</sup> in whom you also are built together spiritually into a dwelling place for God.

Reader The Word of the Lord People Thanks be to God.

Please stand as able and join in singing.



Words: John Greenleaf Whittier (1807-1892), alt. Music: "Rest," Frederick Charles Maker (1844-1927).

Please remain standing as able.

The Gospel: Mark 6:30-34, 53-56

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

<sup>30</sup>The apostles gathered around Jesus, and told him all that they had done and taught. <sup>31</sup>He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. <sup>32</sup>And they went away in the boat to a deserted place by themselves. <sup>33</sup>Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. <sup>34</sup>As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

<sup>53</sup>When they had crossed over, they came to land at Gennesaret and moored the boat. <sup>54</sup>When they got out of the boat, people at once recognized him, <sup>55</sup>and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. <sup>56</sup>And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

Please be seated.

The Sermon The Rev. Jason Shelby

There will be a moment of silence for reflection following the sermon.

Please stand as able and join in saying the Nicene Creed.

#### The Nicene Creed

All W

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son he is worshiped and glorified, who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please remain standing as able.

The Prayers of the People (the People read the responses in **bold**)

Reader Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your

truth, live together in your love, and reveal your glory in the world.

Silence

Reader Lord, in your mercy People Hear our prayer.

Reader Guide the people of this land, and of all the nations, in the ways of justice and

peace; that we may honor one another and serve the common good.

Silence

Reader Lord, in your mercy People Hear our prayer.

Reader Give us all a reverence for the earth as your own creation, that we may use its

resources rightly in the service of others and to your honor and glory.

Silence

Reader Lord, in your mercy People Hear our prayer.

Reader Bless all whose lives are closely linked with ours, and grant that we may serve

Christ in them, and love one another as he loves us.

Silence

Reader Lord, in your mercy People Hear our prayer.

Reader Comfort and heal all those who suffer in body, mind, or spirit; give them courage

and hope in their troubles, and bring them the joy of your salvation.

Silence

Reader Lord, in your mercy People **Hear our prayer.** 

Reader We commend to your mercy all who have died, that your will for them may be

fulfilled; and we pray that we may share with all your saints in your eternal

kingdom.

Silence

Reader Lord, in your mercy People Hear our prayer.

Celebrant Almighty God, to whom our needs are known before we ask: Help us to ask only

what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord.

Amen.

Please kneel or sit as able.

#### The Confession of Sin

Celebrant Let us confess our sins against God and our neighbor.

All

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

#### The Absolution

Celebrant

Almighty God have mercy + on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.** 

Please stand as able.

#### The Peace

*Celebrant* The peace of the Lord be always with you.

People And also with you.

Ministers and People exchange signs of peace in the name of the Lord.

Please be seated.

#### The Welcome and Announcements

Anyone who has a birthday or anniversary in the next week is invited to come forward for a blessing:

All

Watch over your child(ren), O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace which passes all understanding abide all the days of their life; through Jesus Christ our Lord. Amen.

# The Holy Communion

### The Offertory Anthem

Lord, I Want to Be a Christian Traditional Spiritual, arr. Edward C. Deas Sung by the St. Francis Choir

Lord, I want to be a Christian in my heart, In my heart...

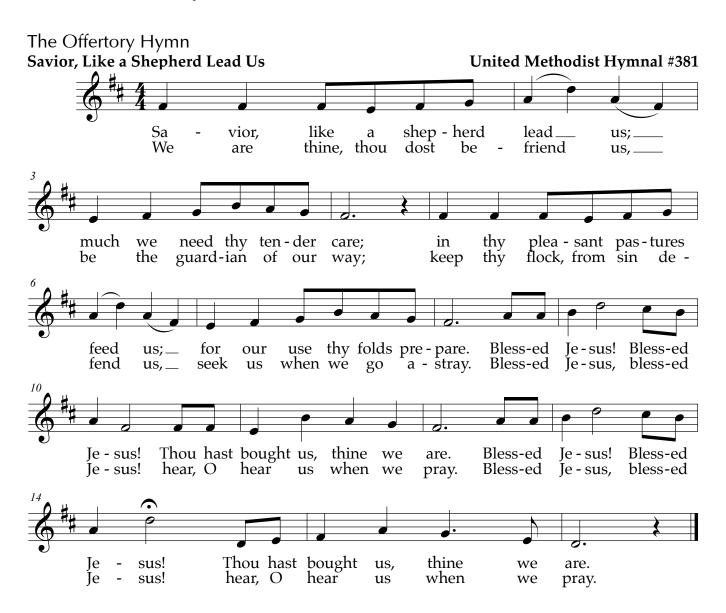
in my heart. In my heart... Solo: Lloyd Mistele

Lord, I want to be more loving in my heart, In my heart... Solo: Susie Zimmerman

Lord, I want to be like Jesus in my heart, In my heart...

I don't want to be like Judas in my heart, In my heart...

Lord, I want to be more holy in my heart, In my heart... Solo: Joy Bacon



Words: Attr. Dorothy A. Thrupp, 1836, based on John 10:1-29. Music: William B. Bradbury, (1816-1868). Hymn, #381, The United Methodist Hymnal; Copyright © 1989 The United Methodist Publishing House. All rights reserved Please stand as able.

### The Great Thanksgiving

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.

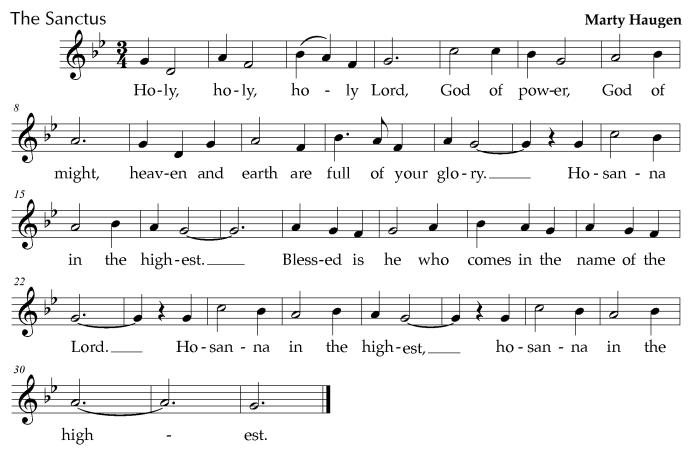
Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Music: "Mass of Creation; Marty Haugen (b. 1950) © 1984, GIA Publications, Inc. All rights reserved. Used by permission.

Please kneel or stand as able as the Celebrant continues.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In

him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

All We remember his death,
We proclaim his resurrection,
We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us To that heavenly country where, with Francis and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

Celebrant

And now, as Savior Christ has taught us, we are bold to say,

All

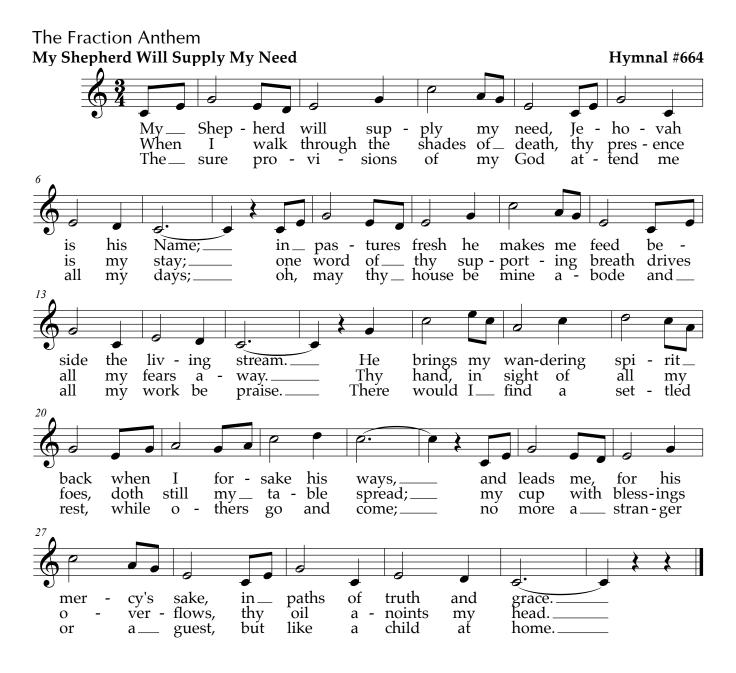
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

# The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia, Christ our Passover is sacrificed for us;

People Therefore let us keep the feast, Alleluia.



Words: Isaac Watts (1674-1748); para. Psalm 23. Music: "Resignation," American folk melody, acc. David Hurd (b. 1950).

#### The Invitation

*Celebrant* The gifts of God for the people of God, Holy gifts, for Holy people.

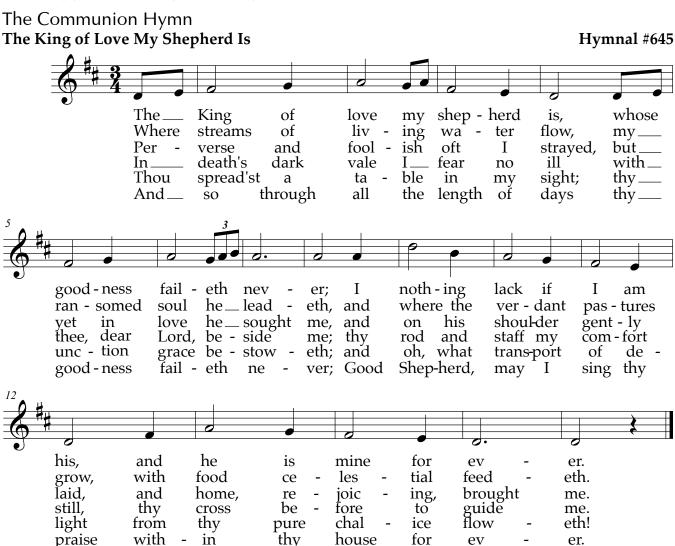
For our online community: an invitation to pray together the spiritual communion prayer from the National Cathedral. A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen. (St. Alphonsus de Liguori, 1696-1787)

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where you may light a candle and, if you wish, someone will be available to pray with you.

#### The Communion of the People

All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to receive, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you. Gluten-free Communion wafers are available. If you require one of these, simply ask.



Words: Henry Williams Baker (1821-1877); para. of Psalm 23. Music: "St. Columba," Irish melody; harm. "Hymnal, 1982."

Please kneel or stand as able as able.

### The Post-Communion Prayer

Celebrant Let us pray.

All Eternal God, heavenly Father, you have graciously accepted us as living

members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with

gladness and singleness of heart; through Christ our Lord. Amen.

#### The Blessing

*Celebrant* Go forth into the world in peace. Be of good courage, hold fast to that which is

good. Render to no one evil for evil. Strengthen the fainthearted, support the weak, help the afflicted. Honor all persons. Love and serve the Lord, rejoicing in the power of the Spirit. And, the blessing of God Almighty, The Father, The Son,

and The Holy Spirit be with you always.

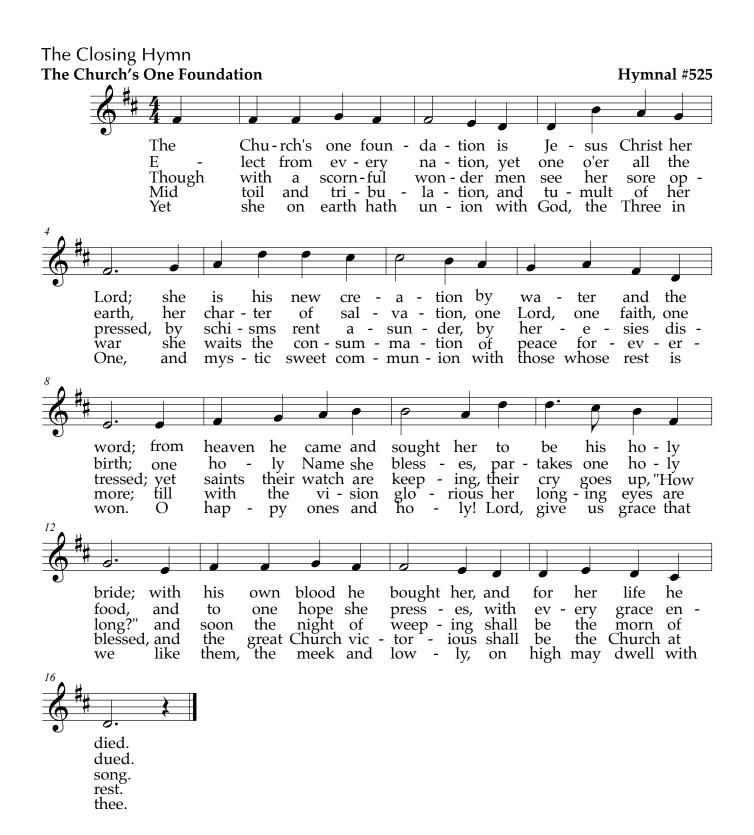
All Amen.

The Sending Forth

Deacon Let us go forth in the name of Christ. Alleluia, alleluia!

All Thanks be to God. Alleluia, alleluia!

Please stand as able and join in singing.



Words: Samuel John Stone (1839-1900). Music: "Aurelia," Samuel Sebastian Wesley (1810-1876).

The Postlude

Trumpet Tune - No. VII

Paul Fey

# You serve the best doing what you love most

Fr. Jason has invited the Vestry to host a series of small group meetings with our parish family. This is an opportunity for us to come together and explore what we love that brings us joy in church and our daily lives and to understand how it can further the Kingdom of God in our community.



The gatherings will be in July and August for 8-10 members per group. Sessions will be held in the church library following the 8 am and 10 am Sunday services or at other times in the home of a Vestry member. (See the list of dates, times, and places below). Sessions will last approximately one hour or as long as needed so that everyone is able to participate.

You are invited to talk with any Vestry person to ask questions. These discussions are intended to help deepen our relationship with God and each other as we share our experiences, joy, and love.

Please don't miss out on this chance to grow together. Select a date and time that works for you. Call the church office at 310-375-4617 to reserve your spot or email Claire at claire.erbeznik@stfrancispalosverdes.org.

We will also have a signup sheet after the 8 am and 10 am services for the next several weeks.

#### **Meeting times:**

- Sunday, July 21 9:00 am and 11:30 am church boardroom
- Tuesday, July 23 6:00 pm Deley Resident (near Hesse Park)
- Sunday, July 28 9:00 am and 11:30 am church boardroom
- Sunday, August 4 9:00 am and 11:30 am church boardroom
- Tuesday, August 6 11:00 am Zak Residence (near Pt. Vicente School)
- Sunday, August 11 9:00 am and 11:30 am church boardroom
- Wednesday, August 15 6:00 pm Cronin Residence (PVE between La Venta and Malaga Library)

# Prayers this Week

We pray for all those who serve in the armed and foreign services, and for their families, especially Thomas, Drew Deley, Michael Heredia, Mark Kappelmann, Joseph Leahy, TJ Malzahn, Will Piepenbring, Scott Ruston, Michael Strong, Barry Witt, Jonathan Zimmerman and Steve.

Those who are ill, recovering from surgery, or in any other kind of need or trouble: Andrea, Stephen, Kristen, Jean Dicus, Daniel Drayling, Ceri Falk, Colette Furbush, George Ginis, Chris Goldsmith, Sally Hill, Blair Hinz, Loren, Judy Morgan, Patt Parker, Bruce Schaefer, Jane Sharp, Tommy, Roxanne Wall, Gail Winters, William Zak, Sr., Hector Gutierrez, and for the people of the Middle East, and victims of violence everywhere.

We pray for all who have died that they may have a place in your eternal kingdom.

## Our Staff

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mirandajoel@outlook.com

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#### Children and Families

Kristina Pelá

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# Our Clergy

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