

Third Sunday in Lent

Sunday, March 8, 2026 ❖ 10:00 am

Celebrant and Preacher: The Rev. Jason Shelby

Deacon: The Rev. Celeste Stump



We warmly welcome you if you are here with us for the first time today. We joyfully welcome all people into our community without exception. Whoever you are, and whatever the status of your relationship with God, you will find fellow travelers here. Please join us for coffee and fellowship after the service.

St. Francis Episcopal Church welcomes all people to receive Holy Communion. If you have not been baptized but would like to be, please talk to Father Jason after the service.

Please take a moment to silence your cellphone. Thank you.

This Week at St. Francis

Sunday, March 8

- 8:00 am Holy Eucharist (Rite I, Chapel)
- 9:10 am "Who is Jesus" Spiritual Formation Class (Library)
- 10:00 am Holy Eucharist (Rite II)
- 11:30 am Altar Guild Meeting (Board Room)

Monday, March 9

- 7:00 pm Choir Rehearsal

Tuesday, March 10

- 4:30 pm Teen Tuesday Youth Group (Parish Hall)

Wednesday, March 11

- 10:00 am Midweek Holy Eucharist (Rite II, Chapel)
- 11:00 am Good Grief Meeting
- 5:30 pm Lenten Dinner (Parish Hall)
- 7:00 pm Women's Lectionary Study (Library)

Thursday, March 12

- 1:00 pm Quilting and Knitting Group

Sunday, March 15

- 8:00 am Holy Eucharist (Rite I, Chapel)
- 9:10 am "Who is Jesus" Spiritual Formation Class (Library)
- 10:00 am Holy Eucharist (Rite II)
- 11:30 am Annual Antiques Show Meeting (Board Room)
- 5:00 pm Liturgy Lab

The Word of God

Please stand as able.

The Processional Hymn

Guide Me, O Thou Great Jehovah

Hymnal #690



Guide me, O Thou great Je - ho - vah, pil - grim through this bar - ren land; I am weak, but
O - pen now the crys - tal foun - tain, whence the heal - ing stream doth flow; let the fire and
When I tread the verge of Jor - dan, bid my an - xious fears sub - side; death of death, and



Thou art might - y, hold me with thy pow'r - ful hand; bread of heav - en,
cloud - y pil - lar lead me all my jour - ney through; strong de - liv - erer,
hell's des - truc - tion, land me safe on Ca - naan's side; songs of prais - es,



bread of heav - en, feed me now and ev - er - more, feed me now and ev - er - more.
strong de - liv - erer, be thou still my strength and shield, be thou still my strength and shield.
songs of prais - es, I will ev - er give to thee, I will ev - er give to thee.

Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt. Music: "Cwm Rhondda," John Hughes (1873-1932).

The Opening Acclamation

Celebrant Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

Celebrant There is one Body and one Spirit;

People **There is one hope in God's call to us;**

Celebrant One Lord, one Faith, one Baptism;

People **One God and Father of all.**

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Please be seated.

The First Lesson: Exodus 17:1-7

Reader A Reading from the book of Exodus.

¹From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ²The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" ³But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." ⁵The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. ⁷He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Reader The Word of the Lord

People **Thanks be to God.**

The Response: Psalm 95

Reader Let us read from Psalm 95 responsively.



For the Lord is a great God, and a great King a - bove all gods.

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¹Come, let us sing to the LORD; *

let us shout for joy to the Rock of our salvation.

²Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

³For the LORD is a great God, *

and a great King above all gods.

⁴In his hand are the caverns of the earth, *

and the heights of the hills are his also.

⁵The sea is his, for he made it, *

and his hands have molded the dry land.

⁶Come, let us bow down, and bend the knee, *

and kneel before the LORD our Maker..... Refrain

⁷For he is our God,

and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

⁸Harden not your hearts,

as your forebears did in the wilderness, *

**at Meribah, and on that day at Massah,
when they tempted me.**

⁹They put me to the test, *

though they had seen my works.

¹⁰Forty years long I detested that generation and said, *
“**This people are wayward in their hearts;
they do not know my ways.**”

¹¹So I swore in my wrath, *
“**They shall not enter into my rest.**” *Refrain*

The Second Lesson: Romans 5:1-11

Reader A Reading from Paul's letter to the Church in Rome.

¹Since we are justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely will anyone die for a righteous person — though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. ⁹Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord

People **Thanks be to God.**

Please stand as able and join in singing.

The Sequence Hymn

I Heard the Voice of Jesus Say

Hymnal #692

The musical score is written on a single staff in G major (one sharp) and 4/4 time. It consists of four lines of music, each with a measure number (1, 4, 8, 13) at the beginning. The lyrics are printed below the notes, with some words underlined to indicate syllable placement. The final note of the fourth line is a double bar line.

1 I__ heard the voice of Je - sus say, "Come un - to me and
I__ heard the voice of Je - sus say, "Be - hold, I free - ly
I__ heard the voice of Je - sus say, "I__ am this dark world's

4 rest; and in your wea - ri - ness lay down your head up - on my
give the liv - ing wa - ter; thirst - y one, stoop down and drink, and
light; look un - to me, your morn shall rise, and_ all your day be

8 breast." I__ came to Je - sus as I was, so wea - ry, worn, and sad; I__
live." I__ came to Je - sus, and I drank of that life - giv - ing stream; my
bright." I__ looked to Je - sus, and I found in him my Star, my Sun; and

13 found in him a__ rest - ing place and he has made me glad.
thirst was quenched, my soul re - vived, and now I live in him.
in that light of_ life I'll walk till__ pil - grim days are done.

Words: Horatius Bonar (1808). Music: James Montgomery (1771-1854). Music: "Kingsfold,"
English folk melody, adapt. and harm. Ralph Vaughan Williams (1872-1958);
Words & Music by Permission of Oxford University Press.

Please remain standing as able.

The Gospel: John 4:5-42

Deacon **+** The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

⁵Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph.⁶Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." ⁸(His disciples had gone to the city to buy food.) ⁹The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) ¹⁰Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹²Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" ¹³Jesus said to her, "Everyone who drinks of

this water will be thirsty again, ¹⁴but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

¹⁶Jesus said to her, "Go, call your husband, and come back." ¹⁷The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; ¹⁸for you have had five husbands, and the one you have now is not your husband. What you have said is true!" ¹⁹The woman said to him, "Sir, I see that you are a prophet. ²⁰Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem."

²¹Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²²You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴God is spirit, and those who worship him must worship in spirit and truth." ²⁵The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." ²⁶Jesus said to her, "I am he, the one who is speaking to you."

²⁷Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" ²⁸Then the woman left her water jar and went back to the city. She said to the people, ²⁹"Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" ³⁰They left the city and were on their way to him.

³¹Meanwhile the disciples were urging him, "Rabbi, eat something." ³²But he said to them, "I have food to eat that you do not know about." ³³So the disciples said to one another, "Surely no one has brought him something to eat?" ³⁴Jesus said to them, "My food is to do the will of him who sent me and to complete his work. ³⁵Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷For here the saying holds true, 'One sows and another reaps.' ³⁸I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

³⁹Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." ⁴⁰So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. ⁴¹And many more believed because of his word. ⁴²They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Please be seated.

The Sermon

The Rev. Jason Shelby

There will be a moment of silence for reflection following the sermon.

Please stand as able.

The Presentation and Examination of the Candidate

Celebrant The Candidate for Holy Baptism will now be presented.

Parents and Godparents

I present Belle Grace Bredesen to receive the Sacrament of Baptism.

Celebrant Will you be responsible for seeing that the child you present is brought up in the Christian faith and life?

Parents and Godparents

I will, with God's help.

Celebrant Will you by your prayers and witness help this child to grow into the full stature of Christ?

Parents and Godparents

I will, with God's help.

Celebrant Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?

Parents and Godparents

I renounce them.

Celebrant Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?

Parents and Godparents

I renounce them.

Celebrant Do you renounce all sinful desires that draw you from the love of God?

Parents and Godparents

I renounce them.

Celebrant Do you turn to Jesus Christ and accept him as your Savior?

Parents and Godparents

I do.

Celebrant Do you put your whole trust in his grace and love?

Parents and Godparents

I do.

Celebrant Do you promise to follow and obey him as your Lord?

Parents and Godparents

I do.

After all have been presented, the Celebrant addresses the congregation, saying

Celebrant Will you who witness these vows do all in your power to support this person in their life in Christ?

People **We will.**

Celebrant Let us join with those who are committing themselves to Christ and renew our own baptismal covenant.

The Baptismal Covenant

Celebrant Do you believe in God the Father?

People **I believe in God, the Father almighty,
creator of heaven and earth.**

Celebrant Do you believe in Jesus Christ, the Son of God?

People **I believe in Jesus Christ, his only Son, our Lord,
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

Celebrant Do you believe in God the Holy Spirit?

People **I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.**

Celebrant Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

People **I will, with God's help.**

Celebrant Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People **I will, with God's help.**

Celebrant Will you proclaim by word and example the Good News of God in Christ?

People **I will, with God's help.**

Celebrant Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People **I will, with God's help.**

Celebrant Will you strive for justice and peace among all people, and respect the dignity of every human being?

People **I will, with God's help.**

Please remain standing as able.

The Prayers for the Candidate (the People read the responses in **bold**)

Celebrant Let us now pray for she who is to receive the Sacrament of new birth.

A Person appointed leads the following petitions

Leader Deliver her, O Lord, from the way of sin and death.

People **Lord, hear our prayer.**

Leader Open her heart to your grace and truth.

People **Lord, hear our prayer.**

Leader Fill her with your holy and life-giving Spirit.

People **Lord, hear our prayer.**

Leader Keep her in the faith and communion of your holy Church.

People **Lord, hear our prayer.**

Leader Teach her to love others in the power of the Spirit.

People **Lord, hear our prayer.**

Leader Send her into the world in witness to your love.

People **Lord, hear our prayer.**

Leader Bring her to the fullness of your peace and glory.

People **Lord, hear our prayer.**

Celebrant Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and forever. *Amen.*

The Thanksgiving over the Water

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant We thank you, Almighty God, for the gift of water. Over it the Holy Spirit moved in the beginning of creation. Through it you led the children of Israel out of their bondage in Egypt into the land of promise. In it your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us, through his death and resurrection, from the bondage of sin into everlasting life.

We thank you, Father, for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in faith, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit.

At the following words, the Celebrant touches the water

Celebrant Now sanctify this water, we pray you, by the power of your Holy Spirit, that those who here are cleansed from sin and born again may continue for ever in the risen life of Jesus Christ our Savior.

To him, to you, and to the Holy Spirit, be all honor and glory, now and for ever.

All **Amen.**

The Baptism

Celebrant Belle, I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit. *Amen.*

When this action has been completed, the Priest, at a place in full sight of the congregation, prays over them, saying

Celebrant Let us pray.

Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon these your servants the forgiveness of sin, and have raised them to the new life of grace. Sustain them, O Lord, in your Holy Spirit. Give them an inquiring and discerning heart, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. *Amen.*

Then the Bishop or Priest places a hand on the person's head, marking on the forehead the sign of the cross and saying

Celebrant Belle, you are sealed by the Holy Spirit in Baptism and marked as Christ's own for ever. *Amen.*

Welcome the Newly Baptized

Celebrant Let us welcome the newly baptized.

All **We receive you into the household of God. Confess the faith of Christ crucified, proclaim his resurrection, and share with us in his eternal priesthood.**

Please remain standing as able.

The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Ministers and People exchange signs of peace in the name of the Lord.

Please be seated.

The Welcome and Announcements

Anyone who has a birthday or anniversary in the next week is invited to come forward for a blessing:

All **Watch over your child(ren), O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace which passes all understanding abide all the days of their life; through Jesus Christ our Lord. Amen.**

The Holy Communion

The Offertory Sentence

Celebrant Walk in love as Christ loves us, bring offerings of praise and thanksgiving to his table.

The Communion Anthem

"God of the Deep" by Dan Forrest

St. Francis Choir

*Each time I stand and wonder at the vastness of the sea,
I know that there are mysteries to great and deep for me.
The wide expanse of water reaches far beyond my sight,
And yet I know the One to whom its depths are full of light.
The mighty waves roll in to shore and break upon the sand,
Compelled by unseen forces that I cannot understand.
The currents run beneath the waves in perfect, charted paths;
A skillful hand directs their courses, as it ever has.
The ocean teems with living things who never see the sun,
And yet there is an eye who sees and knows them ev'ry one;
And that same eye has fathomed all the myst'ries of my days,
When tears have dimmed my sight, a heart of Love still charts my ways.
When simple explanations lie too deep for me to find,
I rest in God who holds the whole creation in His mind.
I hope in Him whose skill and wisdom far exceed my own.
The secrets of the hidden depths belong to God alone.*

The Offertory Hymn
Surely It Is God Who Saves Me

Hymnal #679



Sure - ly it is God who saves me; trust - ing him, I shall not
Make his deeds known to the peo - ples; tell out his ex - alt - ed



4
fear. For the Lord de - fends and shields me and his sav - ing help is
Name. Praise the Lord, who has done great things; all his works his might pro



8
near. So re - joice as you draw wa - ter from sal - va - tion's liv - ing
claim. Zi - on, lift your voice in sing - ing; for with you has come to



12
spring; in the day of your de - liv - erance thank the Lord, his mer - cies
dwell, in your ve - ry midst, the great and Ho - ly One of Is - ra -



16
sing.
el.

Words: Carl P. Daw, Jr. (b. 1944); para. of "The First Song of Isaiah,"
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Used by Permission. Music: "Thomas Merton," Ray W. Urwin (b. 1950).

Please stand as able.

The Great Thanksgiving (Eucharistic Prayer A)

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Sanctus

Hymnal #S-130

Ho-ly, ho-ly, ho-ly Lord, God of power and might,— Ho-ly, ho-ly, ho-ly Lord,
God of power and might.— Heav-en and earth are full, full— of your glo-ry, Ho-
san-na in the high-est, ho-san-na in the high-est. Bless-ed is he who comes
in the name of the Lord.— Ho-san-na in the high-est, ho-san-na in the high-est.

Music: from "Deutsche Mass," Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

Please kneel or stand as able as the Celebrant continues.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All **Christ has died.
Christ is risen.
Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

The Lord's Prayer

Celebrant And now, as Savior Christ has taught us, we are bold to say,

All **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven. Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil. For thine is the
kingdom, and the power, and the glory, forever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast.**

The Fraction Anthem

As Longs the Deer for Cooling Springs

Hymnal 658

The musical score is written for voice and piano. It consists of two systems of music. The first system has a treble clef and a bass clef, with a key signature of one sharp (F#) and a time signature of 3/4. The lyrics are: "As longs the deer for cool - ing streams in parched and bar - ren ways, so For thee, my God, the liv - ing God, my thirst - y soul doth pine: O Why rest - less, why cast down, my soul? Hope still, and thou shalt sing the". The second system also has a treble clef and a bass clef, with the same key signature and time signature. The lyrics are: "longs my soul, O God, for thee and thy — re - fresh - ing grace. when shall I be - hold thy face, and thou Ma - jes - ty di - vine? praise of him who is thy God, thy health's e - ter - nal spring." The score includes various musical notations such as notes, rests, and dynamic markings.

Words: "New Version of the Psalms of David," 1696, alt.; para. of Psalm 42:1-7
Music: "Martyrdom," melody and bass, Hugh Wilson (1764-1824); adapt. and harm.
Robert Smith (1780-1829).

The Invitation

Celebrant The Gifts of God for the people of God,
Holy gifts for Holy People.

For our online community: an invitation to pray together the spiritual communion prayer from the National Cathedral. A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen. (St. Alphonsus de Liguori, 1696-1787)

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where you may light a candle and, if you wish, someone will be available to pray with you.

The Communion of the People

All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to receive, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you. Gluten-free Communion wafers are available. If you require one of these, simply ask.

The Communion Song
 Shepherd of Souls, Refresh and Bless

Hymnal #343

Words: James Montgomery (1771-1854), alt. Music: "St. Agnes," melody John Bacchus Dykes (1823-1876);
 harm. Richard Proulx (b. 1937), after John Bacchus Dykes (1823-1876).
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Please kneel or stand as able.

The Post-Communion Prayer

Celebrant Let us pray.

All **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

The Prayer of St. Francis

Celebrant Lord, make us instruments of your peace.

People **Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.**

The Blessing

Celebrant And, the blessing of God Almighty, ✚ The Father, The Son, and The Holy Spirit be with you always.

All **Amen.**

The Sending Forth

Deacon Let us go forth in the name of Christ.

All **Thanks be to God.**

Please stand as able and join in singing.

The Recessional Hymn
Come Thou Fount of Every Blessing

Hymnal #686

Come, thou Fount of ev - 'ry bless - ing, tune my heart to sing thy grace;
 Here I raise my E - ben - e - zer, hith - er by thy grace I'm come;
 O to grace how great a debt - or dai - ly I'm con - strained to be!
 streams of mer - cy, nev - er ceas - ing, call for songs of loud - est praise.
 and I hope, by thy good pleas - ure, safe - ly to ar - rive at home.
 Let that grace now, like a fet - ter, bind my wan - d'ring heart to thee;
 Teach me some mel - o - dious son - net sung by ___ flam - ing tongues a - bove;
 Je - sus sought me when a strang - er. wan - d'ring from the fold of God;
 prone to ___ wan - der, Lord, I feel ___ it, prone to ___ leave the God I love;
 praise the mount, I'm fixed up - on it, mount of God's un - chang - ing love!
 he, to res - cue me from dan - ger, in - ter - posed his pre - cious blood.
 here's my heart, O take and seal it, seal it for thy courts a - bove.

Words: Robert Robinson (1735-1790), alt. Music: "Nettleton," melody from "A Repository of Sacred Music, Part II," 1813; harm. Gerre Hancock (b. 1934).

The Postlude

Now Let Us All With One Accord

arr. Robert Lind

Announcements

Liturgy Lab on Sunday, March 15

Join us on **Sunday, March 15, at 5:00 pm** in the main church for the second installment of Liturgy Lab. This evening worship series explores historic and alternative forms of the Eucharist in a thoughtful, hands-on way. We'll worship together, reflect, ask questions, and deepen our understanding of why we worship the way we do.

Meditation Class begins

David Knight will be leading a new Meditation Class in the St. Francis Library on the 1st, 3rd, and 4th Saturdays of each month. For more info, contact David at nemomediagroup@gmail.com.

Men's Corner on March 11 has been canceled.

There will be no Men's Corner meeting this month. Men's Corner returns next month at Corner Bakery in Redondo Beach as usual. Contact: Ed Hinz (kn6jn@yahoo.com) for details.

Evening of Music update

Dear St. Francis,

I wanted to again thank everyone who made, "An Evening of Music," a huge success. The event grossed \$4,800. After our receipts were paid we cleared \$2,200. The money will be split 60/40 between Harbor Connects and our St. Francis Music program. I am very pleased with our efforts. This was the first time we have had this type of event at St. Francis. Hopefully there will be more to come. Thanks again,

—Alex Sams, Sr. Warden

Antique Show Gala Silent Auction – We're Collecting Treasures!

Do you have a special something that could steal the spotlight at our Gala Silent Auction? We're on the hunt for silent auction donations to help make our event on Wednesday, May 28th a sparkling success!

Think crowd-pleasers like:

- Handmade jewelry or craft items
- Themed dinners, wine tastings, gardens tours or other fun social experiences - always our TOP SELLERS!!!
- Sports or theater tickets
- Beautiful home décor or luxury items
- Specialty services - handyman, sports or music lessons
- Gift cards for restaurants, entertainment or retail
- ...or any unique treasure guests would love to bid on!

If you'd like to contribute, please contact Mary Deley at mary_deley@yahoo.com. Items may be dropped off at the church office, or we're happy to arrange a pickup that works for you. Tax-deductible donation statements are available upon request.

Thank you for your continued generosity and support of the Antique Show — we truly couldn't do it without you!

Stay in-the-know!

Subscribe to our weekly email newsletter, *Bellringer Weekly*, and receive all the news and events in your inbox each week! *Bellringer Weekly* goes out on Thursday evenings (usually). Subscribe today at stfrancispalosverdes.org/subscribe

Prayers this Week

We pray for all those who serve in the armed and foreign services, and for their families, especially Alyssa Capellino Baxter, Barry Witt, Drew Deley, Jonathan Zimmerman, Joseph Leahy, Mark Kappelmann, Michael Strong, Michael Valiquette, Scott Ruston, Steve, Thomas Dawson, TJ Malzahn, and Will Piepenbring.

Those who are ill, recovering from surgery, or in any other kind of need or trouble: Andrea, Anne Sharp, Barbara Shelby, Billy Whelan, Bob Cook, Brad, Bruce Schaefer, Carlos, Celeste Stump, Ceri Falk, Chris, Colette Furbush, Connie, Dana Genzel-Diaz, Daniel Drayling, Elizabeth Beadle, Erica, Irena Dybeic, Jerry Pinkston, Joseph and Danielle Diestel, Judy Morgan, Kathy Falk, Kerry Myers, Kristen, Krystal, Loren, Marilyn and Dale Ghery, Miguel Diaz, Natalie Massey, Patt Parker, Phyllis Niski, Richard Cantine, Rob Ramsay, Roxanne Wall, Roz Hadley, Sally Hill, Susan Crouse, Tess Jones, Tommy, the people of the Middle East, and for victims of violence everywhere.

We pray for all who have died, that they may have a place in your eternal kingdom.

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